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Leg Ulcers and Problems of the Lower Limb:

An holistic approach
edited by Ellie Lindsay and Richard White



Leg Ulcers and Problems of the Lower Limb: An holistic approach

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This book, written by experts in their field, shows the benefits that can be gained from a truly holistic approach to care, together with practical guidance in the management of patients with leg ulcers and problems of the lower limb. The therapeutic relationship between the nurse and the patient is at the heart of health care and that is what patients value most.

Chapters include:

Section I: The patient-centred approach

1. Living with a leg ulcer
2. Psychological support of patients with wounds
3. Body image and leg ulceration
4. Quality of life
5. The Lindsay Leg Club® model
6. Delivering wound management in a social environment
7. A community nursing model of care for people with chronic leg ulcers
8. An educational journey

Section II: The basics

9. Delivering care in the new NHS
10. What is evidence-based practice?
11. From theory to practice

Section III: Practical issues

12. Understanding compression therapy
13. Trends in compression therapies
14. Effective skin care
15. Differential diagnoses in ulceration of the lower limb
16. The diabetic foot
17. Wound infection of the lower limb
18. Infection control within a social environment
19. Allergies and leg ulceration
20. Wound pain and dressings

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