

Press Release

For immediate release
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Ellie Lindsay given lifetime achievement honour at *British Journal of Nursing* Awards 2011

Lindsay Leg Club founder and former district nurse Ellie Lindsay has been given national recognition for her outstanding contribution to nursing by being awarded one of the highest distinctions in nursing - *The British Journal of Nursing* Lifetime Achievement Award.

Speaking at the awards Dame Christine Beasley, Chief Nursing Officer, said Ellie Lindsay deserved the award for her tireless effort in promoting the Leg Club model throughout the world.

The Leg Club Foundation was also awarded second place in the Innovation category - awarded to a service that improves patient care and shows how nurses are developing innovative services and creating new roles in healthcare.

Ellie Lindsay, Lifetime President, The Lindsay Leg Club Foundation said: "I'm honoured to have been given The Lifetime Achievement Award but there is still so much to do. We have to convince commissioners that community-led services like Leg Clubs deliver effective and safe care at a lower cost than traditional models of care. I'm also very pleased that the Leg Club Model was awarded second prize in the Innovation category."

Notes to editors:

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age, but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in patients' own homes by district nurses or by practice nurses in GP surgeries. However, patients often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur, or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg conditions. By healing chronic leg wounds and keeping them healed, Leg Clubs also have the potential to save commissioners up to 80 per cent of their wound care budget in comparison with conventional leg ulcer treatment. A Leg Club is a local partnership between community nurses, patients and members of the community. Run by a committee of members and local people, each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo are protected by Registered Trade Mark in the UK and Australia.

For further information about the Leg Club Foundation and Leg Clubs visit:

www.legclub.org

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