

LUCKY LEGS NEWS LETTER

20p

12-Dec-06

Issue 6



Blaenau Gwent leg Club

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www.blaenauwentlegclub.co.uk

Merry Christmas!

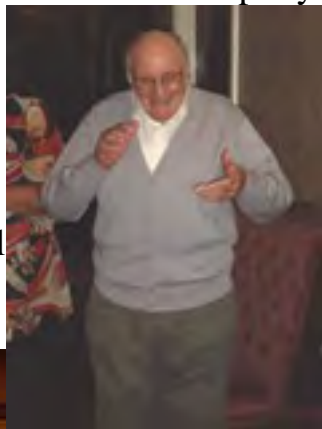


Well folks it's that time of the year again, presents to buy, food to get, cards to post. (*indigestion tablets, headache and heartburn tablets as well*).

Leg Club xmas dinner was held on Friday 1st at the Golf Club. It was well attended with about 30 members having a meal and being entertained with a disco and singer!

Eat you hearts out all you disco diva's when Gordon gets on the dance floor the party comes alive!!!!!!

This is what coming to Leg club does for you! and to top it all he must have pulled all the nurses from Neville Hall Pangs of jealousy from Around the hall.



More photo's on Other pages.



Gordon's at it again with the girls

AGM

The first AGM was held on Thursday 30th November and was attended by a number of members. Officers were re-elected

If there is anyone who would like to help by being on the committee please put your name forward, no hard work involved just some time to help run the club. We are on quite a sound footing now so if we all pull together the club will go from strength to strength and be not only No 1 in Wales but No1 in the UK so lets go for it.

Remember two clubs have already disbanded because there was no one to run them and raise the much needed funds.

The fab four were at the Rookery on Sunday raising money. They made about £25.00 so thanks go to Carole, Jan, Karen and daughter and not forgetting our Tony for giving up their Sunday afternoon to raise money for the club

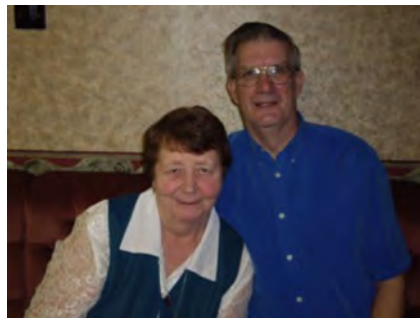


Christmas Opening Times

The club will be open as usual on 21st December and 28th December

Merry Christmas!

1ST ANNUAL LEG CLUB CHRISTMAS PARTY PHOTO'S



Merry Christmas!

OATMEAL AND RAISIN COOKIES

A warming recipe for the chilly months



Prep time 15 mins / Cook time 15 mins / Makes:- 18 - 20 cookies

Ingredients

225 g (8 oz) butter, softened
225 g (8 oz) caster sugar
Half a 305 g can of Carnation Condensed Milk
200 g (7 oz) oats
150 g (5 oz) self raising flour
1 tsp cinnamon
150 g (5 oz) raisins

Tip

Why not add a mixture of nuts and dried fruit to this recipe in place of the raisins



Directions

- 1 Preheat the oven to 180°C. 350°F, Gas mark 4
- 2 In a large bowl, cream the butter and sugar until pale and fluffy. Stir in the condensed milk. Mix in the oats and flour and cinnamon, then work in the raisins.
- 3 Break off pieces of cookie dough, about the size of a golf ball, roll them into balls lightly and bake for 15 mins until pale golden. Leave to set slightly on the tray. Sit back, relax and enjoy with a cup of coffee. Your house will be filled with a sweet spiced aroma that will be hard for all the family to resist



Merry Christmas!

SNAILS !!

A wife and her husband were having a dinner party for some important guests. The wife was very excited about this and wanted everything to be perfect.

At the very last minute, she realised that she didn't have any snails for the dinner party, so she asked her husband to run down to the beach with a bucket to gather some snails.

Very grudgingly he agreed. He took the bucket, walked out of the door, down the steps, and out to the beach.

As he was collecting the snails, he noticed a beautiful woman strolling alongside the water just a little further down the beach. He kept thinking to himself. "Wouldn't it be great if she would even just come down and talk to me?" He went back to gathering the snails.

All of a sudden he looked up, and the beautiful woman was standing right over him. They started talking and she invited him back to her place.

They ended up spending the night together!

At seven o'clock the next morning he woke up and exclaimed, "Oh no !!! My wife's dinner party !!!"

He gathered all his clothes, put them on real fast, grabbed his bucket and ran out of the door. He ran down the beach all the way to his apartment. He ran up the stairs of his apartment, he was in such a hurry that when he got to the top of the stairs, he dropped the bucket of snails.

There was snails all down the stairs. The door opened just then, with a very angry wife standing in the door way wondering where he's been all this time.

He looked at the snails all down the steps, then looked at her,.....then back at the snails and said.....

"Come on lads, not far to go now"





Merry Christmas!

print off a
puzzle

N	A	T	I	L	O	P	O	E	N	R	I	P	B	O
A	S	P	I	H	C	C	O	H	C	T	N	I	M	N
L	R	T	Q	M	D	D	T	B	T	K	F	E	C	I
L	E	H	I	G	A	O	Z	U	L	E	M	O	N	C
I	G	A	B	U	F	P	R	T	S	N	Y	V	E	C
N	N	Z	P	F	R	F	L	T	A	Y	N	T	J	U
A	I	L	E	T	I	F	R	E	R	N	A	W	W	P
V	G	E	I	T	B	A	T	R	W	L	A	H	L	P
Q	M	N	T	B	W	A	E	S	O	A	C	N	M	A
M	E	U	Y	B	E	H	N	C	E	V	L	X	A	C
O	T	T	E	U	C	J	O	O	R	V	N	X	B	
K	S	R	I	G	A	H	O	T	F	F	O	Q	U	T
S	R	L	A	R	C	H	F	C	E	F	F	F	F	T
Y	U	P	I	S	T	A	C	H	I	O	E	E	O	Z
R	U	M	A	N	D	R	A	I	S	I	N	E	E	S

BANANA
BANOFFEE
BUTTERSCOTCH
CAPPUCCINO
CHERRY
CHOCOLATE
COFFEE
FOREST FRUITS
HAZLENUT
LEMON
MAPLE WALNUT
MINT CHOC CHIP
NEOPOLITAN
PISTACHIO
RUM AND RAISIN
STEM GINGER
STRAWBERRY
TOFFEE
TUTTI FRUTTI
VANILLA

instructions

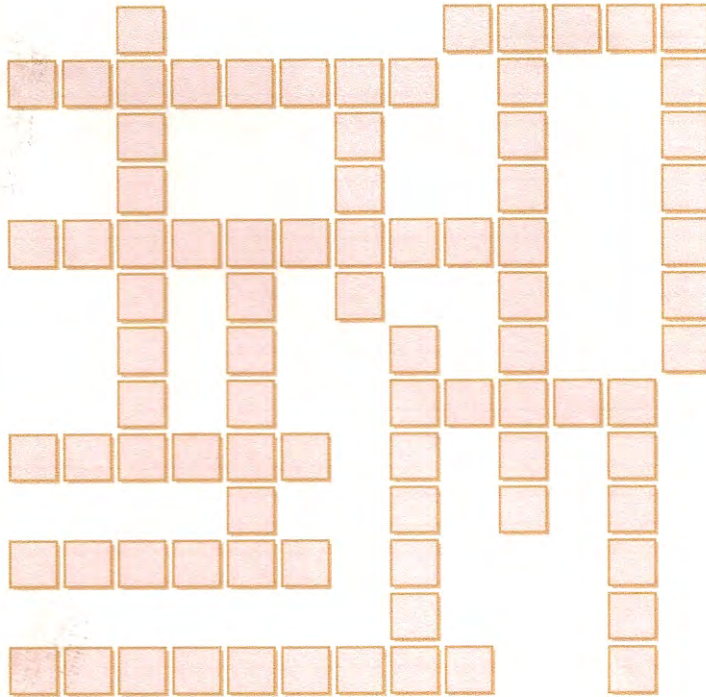
The listed words can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.

wordsearch



Merry Christmas!

print off a
puzzle



5 letters

CORAL

CRABS

SHELF

6 letters

LAGOON

SNAILS

WRASSE

7 letters

OCTOPUS

SPONGES

TURTLES

8 letters

STARFISH

9 letters

BARRACUDA

CLOWN FISH

10 letters

GIANT CLAMS

REEF SHARKS

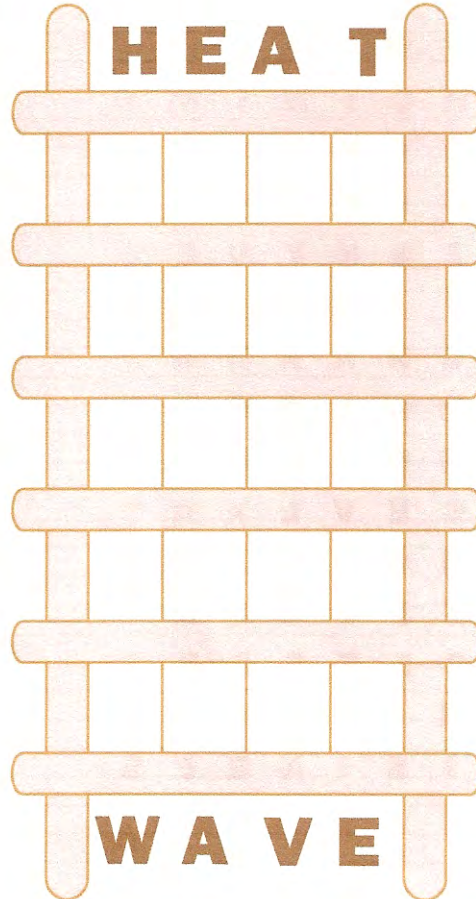
instructions

Fit all the listed words into the interlocking grid.

krisskross

Merry Christmas!

print off a
puzzle



instructions

Change one letter at a time (but not the position of any letter) to make a new word and move from the word at the top of the box to the word at the bottom using the exact number of rungs provided.

Word Ladder

Merry Christmas!

SOME PUZZLES TO KEEP YOU THINKING

Which word ends the first and starts the second? S _ _ _ PED

Which is the odd one out? CAT, DOG, GOLDFISH, HAMSTER, COW.

What are the seven deadly sins?

In which sport do the winners move backwards and the losers move forwards?

Which is the heaviest, a kilo of feathers or a kilo of steel?

Why are 1998 £5 notes worth more than 1997 £5 notes?

What is represented by these letters VEPSTRIIGAVOATER?

I have Three daughters and each has one brother. How many children do I have?

What is made from nothing, yet you can see it?

What is it that you throw away the outside and then cook the inside. Then you eat the outside and throw away the inside? The item is naturally occurring.

If the Manchester Quartet can play Beethoven's 9th Symphony in 12 minutes, how Quickly can the Birmingham Trio play it?

What weighs the same no matter how large it is?

What gets wetter the more it dries?

If yesterday was Saturday's tomorrow and tomorrow was Wednesday's yesterday, what day would it be today?

From what can you take its whole and still leave some?

As I was going to St Ives. I met a man with seven wives.

Each wife had a seven sacks,

Each sack had seven cats,

Each cat had seven kittens,

Kittens, cats, sacks, and wives.

How many were going to St Ives?

