

*"Ceud Mile Fàilte"* - A hundred thousand welcomes - from Speyside Leg Club

We opened in November - the first leg club in Speyside - in fact (big grin) the first in Scotland - so there has been a tremendous sense of achievement, mixed with considerable disbelief at actually having accomplished this, in such a short time.

Meetings take place, amid tranquil surroundings - every Tuesday afternoon - in a room generously provided by our local Residential Home - a plus for both parties. Whilst awaiting treatment, many leg club members choose to spend time with resident friends and family members. Residents appear to enjoy the leg club being under their roof and take great interest in what is happening. The ladies feel more comfortable at 'dropping' in than the male residents, who are content to establish a 'watching brief' by occasionally wandering past the door. Ladies like to pop in for a chat plus the occasional fly cup with us, providing a wonderful feeling of community participation, which is nice.

Despite some rumours to the contrary - leg problems in Speyside are not attributable to too quaffing of the local brew. Although surrounded by Whisky distilleries, at our meetings, tea and coffee are the drinks of choice, assisted by liberal quantities of shortbread - kindly supplied by a local family firm.

We're pleased to announce the recent signing of our 30th+ member - pretty good considering the brief time we've been operating and small area (population wise) members are culled from.

Leg problems withstanding - it really doesn't get much better than this.

