

Worcester Leg Club

*Monday and Thursday at
The Tolly Centre*

Worcestershire County Council and Worcester City councillors give support

Leg Club members now come from all but one of Worcester's surgeries. This would not have been possible without a little financial help and guidance.

Thanks go to Worcestershire County Council's Community Investment Fund and to Chairman Gareth Jones and other City Councillors on the Hopmarket Charity for all of their help.

"Honestly, we never have problems at Leg Club!"

Rosemary failing to convince guests from Cwmbran that it's a piece of cake



**Fred James says,
"What's going on?!"**

Fred says the Safari Park outing to Bewdley was a success. The numbers weren't great and there was quite a lot of walking but the sun shone and everyone had a good time.

The next event will be a little less strenuous – our Christmas lunch and entertainment at Bridges Restaurant on Tuesday 7th December. Fred asks that all those who want to go let him have their names before November.

He is also organising a walk around the historic sites of Worcester, which you will be able to do from your armchair. *Worcester Walks* guides are joining us for a cream tea at 2 o'clock till 4 on 9th November and will tell us all about the Faithful City.

Kate Williams has been helping at Monday Club since it started but now she's off to study medicine at Birmingham University.

We managed to embarrass her before she went by giving her an official goodbye and making her pose with her stethoscope. We also gave her a little gift and told her she'll be missed.

**Ian Armstrong with Kate Williams and Val Westwood at Kate's last
Leg Club
*Edition Six***



Congratulations Liz

Nurse Liz McCauley got her results last year after working and studying for her District Nurse degree in Cheltenham.

She passed with flying colours and is now doubling up as a Sister at *The Shrubbery* Practice. She still comes to Thursday Leg Club but is now also runs the Monday Club.

Monday Club is Thriving

It is just a year since our Monday Club started and already there are hardly enough chairs for everyone. A few people come on both days but many are new members and we have new helpers too. Among them is Ann Burkett who keeps the records straight at the desk. She has been joined on reception by Lynne Newell. We welcome to both of them. Ann has also volunteered to be the Monday Club representative on the Leg Club Committee.

Well Done Liz
Vera couldn't believe it!



Monday Club Members
Mmmmmm Mmmmmm, Joyce Millward and Marjory Lamb



The Leg Club is a great place for making new friends or renewing old acquaintances.

Mary is from Worcester as is Peggy Addis. Dolly is from Kempsey and so are Joyce Drew and Ruth Thomas.

They all get together for a good natter and have become Leg Club friends. They will be pleased to hear Janet and George Cullis are well and send good wishes.

Mary Gardener and Dolly Townsend
Leg Club stalwarts

