

## Press Release

For immediate release

2<sup>nd</sup> March 2022

## Lindsay Leg Club Foundation President receives WUWHS Lifetime Achievement Award

The Lindsay Leg Club Foundation (LLCF) is delighted to announce that its founder and president Ellie Lindsay OBE, has been awarded a Lifetime Achievement Award at the 2022 World Union of Wound Healing Societies (WUWHS) conference in Abu Dhabi.

The WUWHS is the premier wound care professional association and represents more than 90 percent of all practicing wound care specialists in the world. The Lifetime Achievement Award recognises the outstanding contribution an individual has made in the field of wound care throughout their career, and who has made an impact at an international level.

Ellie Lindsay received the award for her exceptional and consistent dedication to the global challenge of improving outcomes for those with lower limb conditions. The WUWHS said:

"Ellie Lindsay is a patient advocate through education and the creation of networks. She gives people with leg wounds a voice and is an integral part of the activities of the WUWHS."

Ellie conceived and introduced the innovative, social, Leg Club model of care for lower limb wound care management in 1995 and the concept has since been disseminated worldwide. Leg Clubs, collectively treat people with lower limb conditions in a non-medical setting within the community and on a drop-in basis. Evidence has shown that this style of treatment leads to improved healing rates by encouraging members to become more involved in their care and reduces social isolation.

Today, there are more than 30 Leg Clubs throughout the UK, as well as Clubs established in Australia, Germany, Finland and Italy.

Interest in the Leg Club model of care continues to gather momentum across the globe as Ellie has published in excess of 100 articles concerning the psychosocial Leg Club Model and person-centred care. She is also regularly invited to speak at UK and international conferences and study days.

Ellie Lindsay OBE, Lifetime President of the LLCF, said: "I am delighted to receive this honour on behalf of our Leg Clubs and members around the world and I would like to thank all those who have worked with me over the years to highlight the challenges lower limb conditions present both to individuals and healthcare providers. This award symbolises our ongoing determination to continue to face these challenges and improve the prognosis for current and future Leg Club members and their communities worldwide."

## Notes to editors:

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in the individuals' own homes by district nurses or by practice nurses in GP surgeries. However, people often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur or remain unhealed for many months or even years.

- 2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.
- 3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg and foot conditions. Recent findings from Leg Club data analysis have identified that potential savings could be made by healthcare providers in relation to their wound care budget. A Leg Club is a local partnership between practice and community nurses, patients, and the community. Run by a committee of volunteers each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo, are protected by Registered Trademark in the UK.

For further information about the Leg Club Foundation and Leg Clubs visit: <a href="https://www.legclub.org">www.legclub.org</a>

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