



## Press Release

For immediate release

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### **The Lindsay Leg Club Foundation announces The Wound Guy as new Patron**

The Lindsay Leg Club Foundation (LLCF) is delighted to announce that Gary Bain, Principal of The Wound Guy, has joined its team of supporters. Mr Bain, who has been a clinician and educator in the field of chronic wound management for the over 30 years, has offered to share his knowledge, expertise, and time to assist the LLCF with their on-going commitment to provide holistic person centred care.

As Principal of The Wound Guy ([www.thewoundguy.com.au](http://www.thewoundguy.com.au)) Mr Bain works as a nurse consultant and educator providing wound management education to medical, nursing, allied health, and wound product industry personnel. In addition, he provides clinical consultation to health professionals caring for patients in rural and remote areas of Australia and New Zealand.

Leg Clubs, which are based on an award-winning model founded by former district nurse Ellie Lindsay OBE, collectively treats people with lower limb conditions in a non-medical setting and on a drop-in basis. Evidence shows this style of treatment leads to improved healing rates by encouraging members to become more involved in their care and reduces social isolation.

Gary Bain said: “The Leg Club is a refuge for those persons challenged by problematic lower limbs, where their care addresses all of their being - physical, emotional, social and even spiritual. It offers a community where everyone’s contribution is valued and welcomed and provides a forum for engagement, empowerment, belonging and having a meaning beyond the physicality of a wound.”

He continued: “To be extended the honour of joining the Lindsay Leg Club Foundation as a Patron is a most humbling moment. Those already fulfilling this role are my own mentors and luminaries. I find it hard to conceptualise that I should have a place in their midst. However, I realize that they, like me, have a fervent belief in what the Lindsay Leg Club Foundation stands for and the difference that it makes for those it serves. I am therefore proud and determined to stand with my fellow Patrons for this cause, for those that render it and those who receive it.”

Ellie Lindsay OBE, Lifetime President of the LLCF, said: “I am delighted to have Gary join the LLCF as our Patron. Not only will his knowledge and experience be hugely supportive and beneficial to the Foundation, but the wonderful warmth, enthusiasm and empathy he has towards our model of care and Leg Club members makes him an invaluable addition to our team.”

**Notes to editors:**

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in the individuals’ own homes by district nurses or by practice nurses in GP surgeries. However, people often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation’s guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg and foot conditions. Recent findings from Leg Club data analysis have identified that potential savings could be made by healthcare providers in relation to their wound care budget. A Leg Club is a local partnership between practice and community nurses, patients and the community. Run by a committee of volunteers each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo are protected by Registered Trademark in the UK.

**For further information about the Leg Club Foundation and Leg Clubs visit:**  
[www.legclub.org](http://www.legclub.org)

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