medi

Chronic Oedema/Lymphoedema reshape and maintain

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The lymphatic system explained

The lymphatic system is an important part of our immune system governing the transport of interstitial fluid into the blood circulation, maintaining a stable environment for body tissue and fighting infection. Healthy adults produce between 2 and 4 litres of lymph fluid per day.

When the system becomes overloaded (eg. chronic venous insufficiency) it is no longer able to maintain the balance of fluid in that area, and the limb swells.

Chronic oedema/lymphoedema describes a build-up of fluid in the limbs as a result of a damaged lymphatic system. Although often presenting in the limbs, chronic oedema/lymphoedema can be found anywhere in the body. The damage may occur for a number of reasons and it is important to know why the swelling has occurred prior to commencing treatment.

Lymphoedema can be used to describe swelling that has occurred from birth, appears at puberty, or can present later in life at a primary level.

Chronic oedema/lymphoedema is often linked to swelling that is secondary to other problems such as:

- **Recurrent infection**
- **Untreated chronic venous disease**
- **Surgery to lymph nodes (eg. cancer surgery for breast/bowel/prostate/melanoma)**
- **Immobility (dependent oedema)**
- **Obesity**

The key management for reducing this diagnosed chronic oedema/lymphoedema and preventing it from returning is compression therapy.

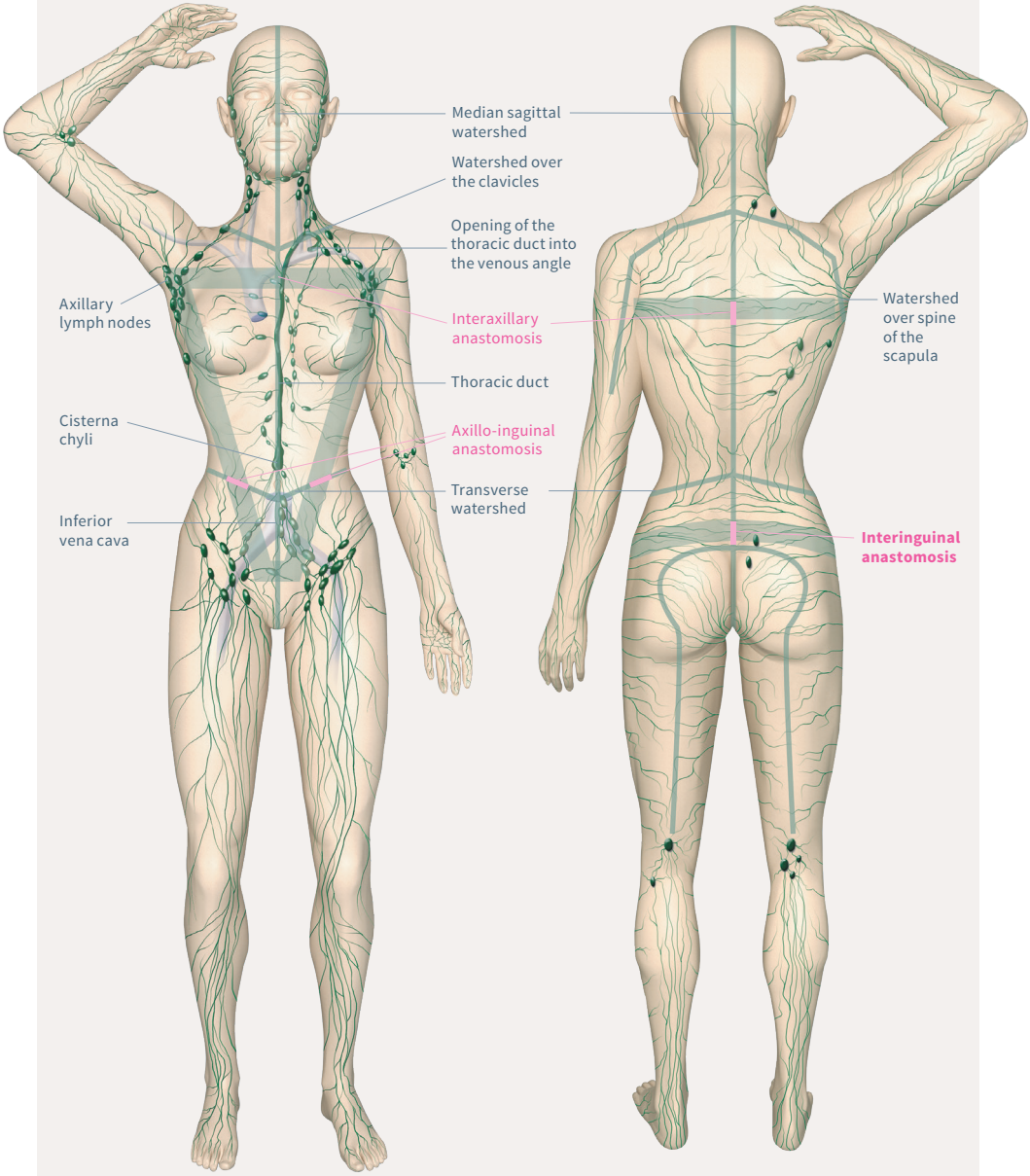


Diagram shows the major lymphatic vessels and lymph nodes

How good flat knit compression works

All chronic oedema/lymphoedema conditions respond well to flat knit compression.

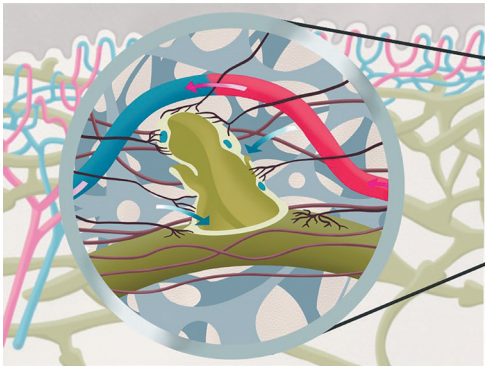


Image shows magnified example of an initial lymphatic capillary

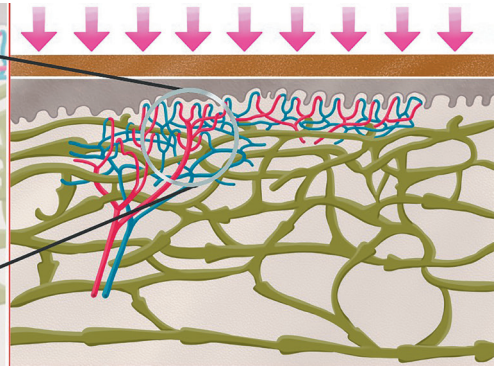


Image shows the pressure action of compression hosiery on the skin and initial lymphatics

Lymph capillaries

are the initial lymphatic vessels found just underneath the skin at the start of the lymphatic system. They are tiny finger-like projections that help to take the tissue fluid away. Once the fluid is inside the lymph capillary it begins a one way journey to the nearest set of lymph nodes where the fluid can be dealt with normally within the body.

If there is a build-up of fluid (as with chronic oedema) the initial lymphatics are unable to manage the increase, leading to fluid in the tissues becoming congested and firmer. The skin's appearance may change including colour differences and/or a cobblestone-like texture.

Compression hosiery

works by exerting pressure from the skin to the tissues and muscles within providing a supportive wall around the affected area:

- reducing capillary filtration resulting in less fluid sitting under the skin
- moving lymphatic fluid enabling it to travel away from the area of congestion
- reducing risk of infection - firmer, immobile (fibrotic) underlying tissue can develop from lymph fluid sitting under the skin leading to skin changes and higher risk of infection if compression not used.

Medical flat knit compression helps to restore the effectiveness of the lymphatic system and therefore improves lymphatic fluid flow out of the affected limb reducing oedema and lowering the risk of infection.

Pressure Comparison Table

Graduated compression is hosiery that has been knitted to apply decreasing pressure from the ankle to the knee or from the ankle to the thigh depending on length.

The degree of graduation from medi UK is measured in 2 standards – British and RAL with each requiring slightly different pressures to achieve that standard.

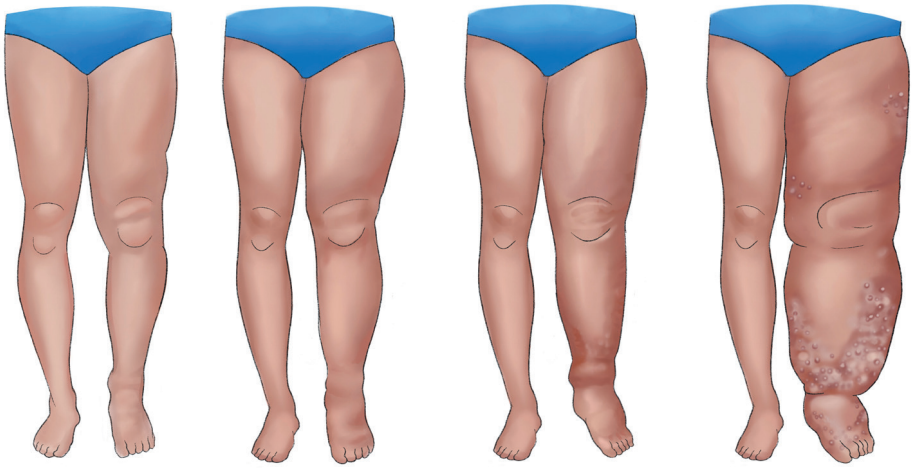
Compression Hosiery - Pressure Comparison Table

mmHg	10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46
British Standard	class 1 / class 2
RAL Standard	class 1 / class 2 / class 3

What compression class does your patient need?

British Standard class 1 14-17 mmHg	**Can be used in palliative oedema**
British Standard class 2 18-24 mmHg	**Can be used in palliative oedema when an increased level of compression is required**
RAL class 1 18-21 mmHg	**Light compression for early intervention of mild oedema or those at risk of developing oedema**
RAL class 2 23-32 mmHg	**Moderate compression for managing established chronic oedema/lymphoedema or where class 3 cannot be tolerated by the patient**
RAL class 3 34-46 mmHg	**Strong compression for the treatment of moderate to complex chronic oedema/lymphoedema**

Stages of Chronic Oedema/ Lymphoedema



ISL Stage - 1	ISL Stage - 2	ISL Stage - Late 2	ISL Stage - 3
Early onset of swelling where there is a build-up of tissue fluid that reduces when the limb is elevated (eg. overnight, when in bed).	Raising the limb (eg. in bed) no longer reduces the limb size. Pitting of tissue is more likely at this stage.	May or may not be easy to pit the tissue using a finger, but the skin and underlying tissue is feeling firmer than an unaffected limb and the fingers/toes may be affected.	Underlying tissue is hard/firm and can no longer be pitted. Skin changes will have occurred such as increased skin folds, warty, cobblestone appearance of the skin in patches or widespread. The limb may no longer be the same shape as an unaffected limb and the toes/fingers will be affected.

Based on the staging of lymphoedema according to the International Society of Lymphology. The diagnosis and treatment of peripheral lymphoedema: 2020 consensus of ISL. Lymphology 2020;5(1):3

Big Legs/Wet Legs

Big legs occur when there are unaddressed problems with the venous or lymphatic system and is termed chronic oedema if it has been present for a minimum of 3 months.

When chronic oedema has been present for this length of time, any slight disruption to the skin barrier such as a cut, scratch, insect bite or crack due to dry skin can result in lymphorrhea or what is known as 'wet legs'. These breaks in the skin become the exit site for lymphatic fluid – a straw coloured liquid – to leak out.

This leaking can also occur when the leg is swollen, the skin is tight and the underlying tissues are overwhelmed with the build up of fluid and the skin 'springs a leak' again leading to wet legs.

The break in the skin can become an entry site for recurrent infection (cellulitis) which makes the patient feel unwell, damages the lymphatics further and leads to painful and more swollen legs.

Leaking results in cold, wet skin as well as soaking into footwear and will not get better on its own or stop without the aid of compression. The juxta range of medi UK wraps can be used on wet legs to stop the leaking and reduce limb size.

It is possible to break the cycle with the use of correct compression.

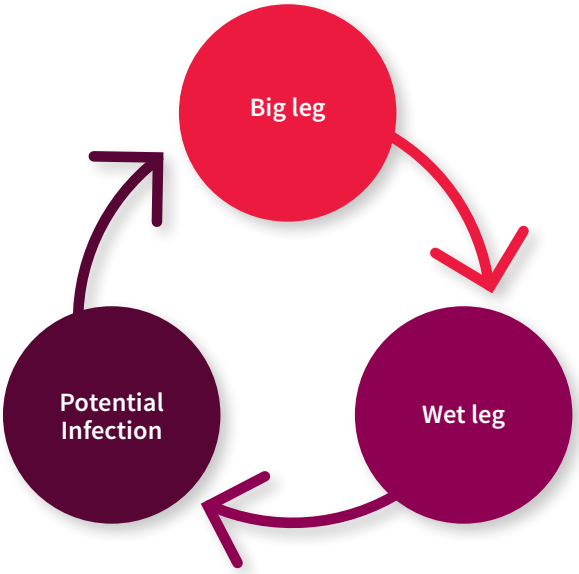


Image shows negative cycle of big legs leading to wet legs leading to potential infection

juxtafit® range

The juxtafit range of adjustable wraps offers light to firm compression which can be accurately set due to the unique Built-in Pressure System (BPS) card. This reassures that the prescribed dosage of compression is achieved.

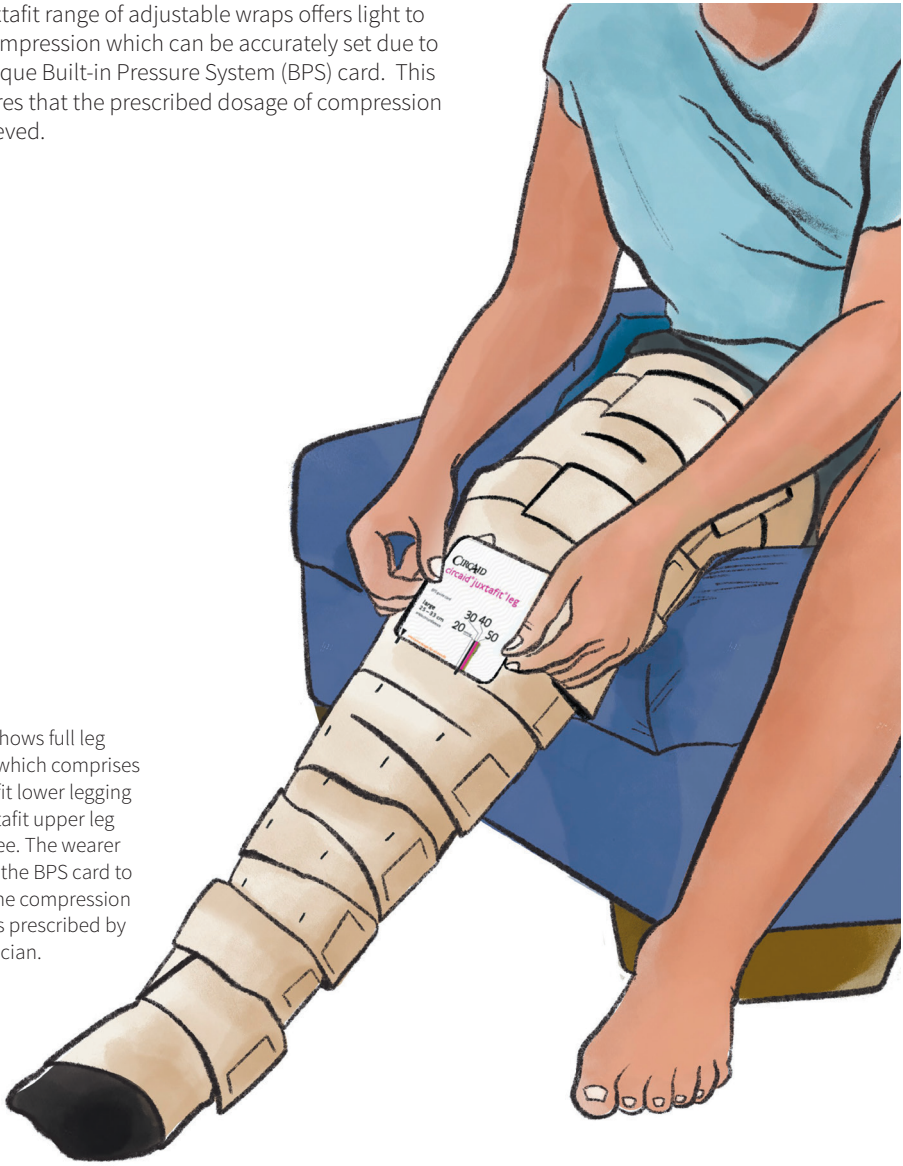


Image shows full leg juxtafit which comprises of juxtafit lower legging and juxtafit upper leg with knee. The wearer is using the BPS card to check the compression levels as prescribed by her clinician.

juxtafit® lower legging

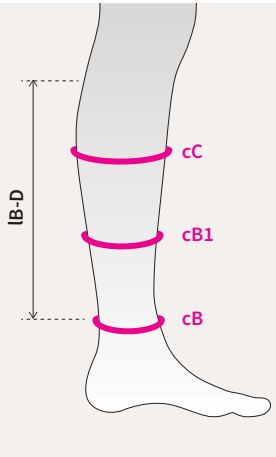
juxtafit lower legging is suitable for the reduction or maintenance of limb volume in chronic oedema and lymphoedema with or without a wet leg or wound.

Guaranteed 12 months compression

Image of juxtafit lower leg Built-In Pressure System (BPS) card

Pack contents:
2 black compressive foot juxta undersock
1 juxtafit
1 pacband for the foot
1 black silky cover-up
1 juxtafit Built-in Pressure System (BPS)
1 instructions for use (IFU)

MEASUREMENT GUIDE



juxtafit order code check list		
Material	Light to strong 20-50mmHg	
Length (above malleolus to below knee/BD)	Petite (28cm)	Regular (36cm)
Standard profile	DT950	DT951
Calf extra wide (XW) profile	DT950	DT951

NB. when ordering add size at the end of the code ie. DT951/3 and add X if extra wide required ie. DT951/3X

Circumferences in cm									
	2(S)	3(M)	3X(M-XW)	4(L)	4X(L-XW)	5(XL)	5X(XL-XW)	6(XXL)	7(XXXL)
cC	30-38	36-43	43-50	41-48	48-56	41-51	51-61	53-64	58-70
cB1	20-28	25-33	33-40	30-38	38-46	33-41	41-51	43-53	50-60
cB	15-23	20-28	20-28	25-33	25-33	30-38	30-38	33-41	42-52

juxtafit® essentials upper leg with knee

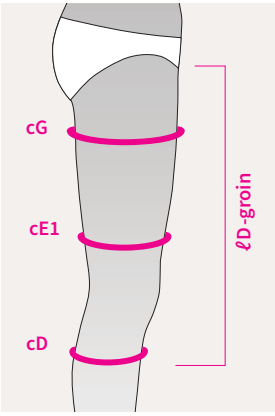
juxtafit essentials upper leg with knee is suitable for the reduction or maintenance of limb volume in chronic oedema and lymphoedema with or without a wet leg or wound.

Guaranteed 6 months compression

Image of full leg juxtafit Built-In Pressure System (BPS) card

Your order includes:
1 juxtafit essentials upper leg with knee
1 pair of full leg open toe liners
1 black silky cover-up full leg
1 juxtafit Built-in Pressure System (BPS)

MEASUREMENT GUIDE



juxtafit order code check list		
Length in cm	Short	Long
lD - groin	45	55
Product codes	45cm	55cm
Left	DT955L	DT956L
Right	DT955R	DT956R

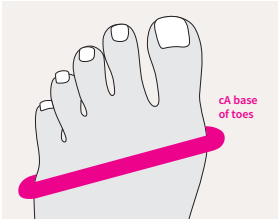
Circumferences in cm						
Sizes	XXS	XS	S	M	L	XL
cG	40-52	46-62	54-70	60-80	69-90	77-101
cE1*	32-42	37-48	42-55	50-65	58-76	66-87
cD	23-30	27-35	31-41	35-46	40-52	44-58

cE1* 5cm above the patella

juxta® accessories

juxta toe cap order codes					
Circumference in cm	2	3	4	5	6
cA base of toes (cm)	20-22	22-24	24-26	26-28	28-30
order codes	DT772/2	DT772/3	DT772/4	DT772/5	DT772/6

juxta toe cap is for the management of swollen toes and can be trimmed to size.

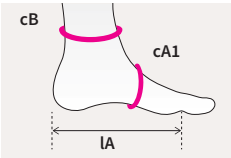


TOE CAP
MEASURING GUIDE

juxta interlocking open heel ankle foot wrap order codes			
Circumferences and length in cm	S	M	L
cB	<36	<36	<41
cA1	19-24	24-29	29-34
lA	13-25	13-25	13-25
order codes	DT960/2	DT960/3	DT960/4

juxta interlocking open heel foot wrap is recommended for longer feet and for people who are able to walk.

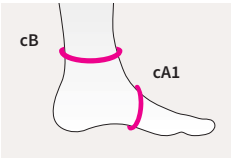
NOTE: Circumference cB is around the ankle and cA1 around the arch



juxta closed heel ankle foot wrap order codes			
Circumferences and length in cm	S	M	L
cB	<36	<36	<41
cA1	19-24	24-29	29-34
lA	>16	>16	>16
order codes	DT961/2	DT961/3	DT961/4

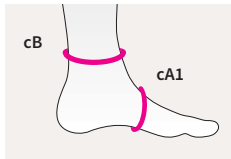
juxta closed heel foot wrap is recommended for those with shorter feet and those in wheelchairs.

NOTE: Circumference cB is around the ankle and cA1 around the arch



juxta® accessories

comfort compression anklet order codes		
Circumferences in cm	Standard	Large
cB	19-27	25-50
cA1	19-36	22-41
order codes	DT100SA	DT100LA



NOTE: Circumference cB is around the ankle and cA1 around the arch

comfort liner order code
DT100L

thigh length comfort liner order code
DT957

Why is Maintenance Important?

For successful long term management of chronic oedema/lymphoedema, flat knit compression garments must be worn for life. Flat knit is a made to measure fabric which has been knitted specifically for swollen limbs.

Wall Stability

All fabrics have a wall stability whether that's a stretchy lycra top (low wall) or a silk blouse (medium wall) or denim skinny jeans (high wall).

High wall stability is essential for achieving a successful outcome when treating chronic oedema/lymphoedema.

The knitting process and high wall stability of the mediven flat knit compression range ensures the material streamlines and supports the tissue which makes it comfortable to wear.

The high wall doesn't allow the lymph fluid in the limb to push the fabric out of shape therefore the mediven flat knit compression helps to move this lymph fluid away from the affected area to maintain an improved shaped limb.

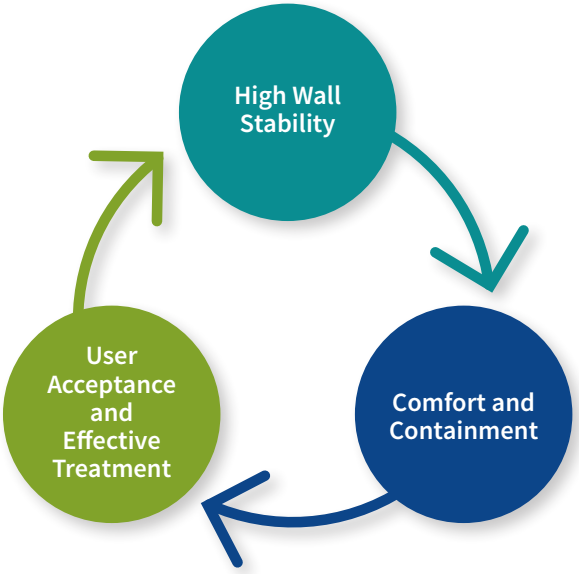
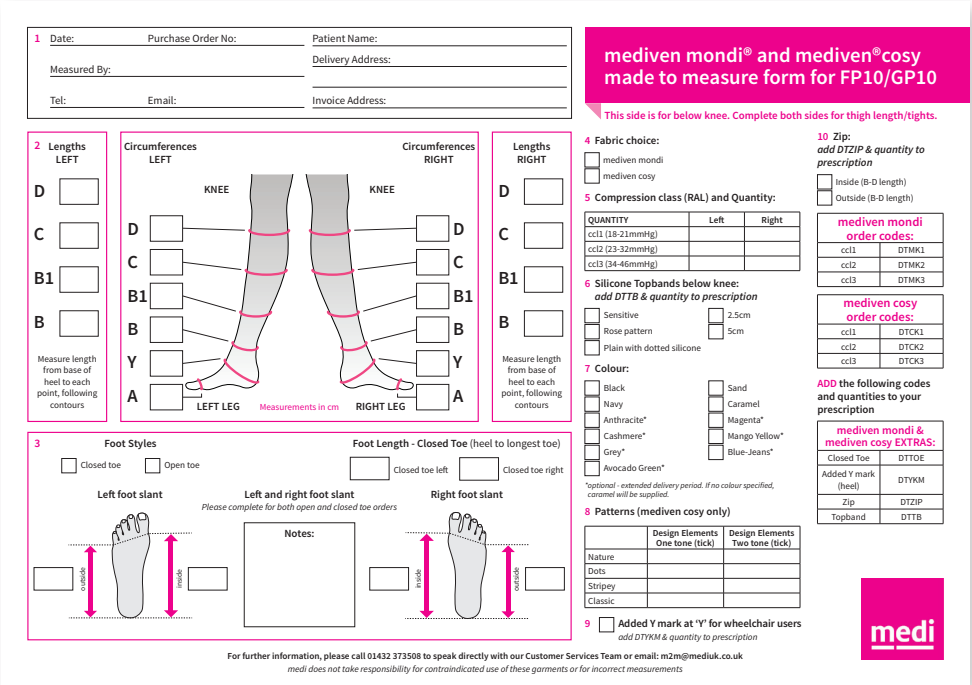


Image shows positive cycle of treatment with mediven flat knit compression

mediven mondi® below knee

mediven mondi is made to measure flat knit compression suitable for chronic oedema/lymphoedema up to stage 2 and is recommended for any leg shape without deepened skin folds.



1 Date: Purchase Order No: Patient Name:

Measured By: Delivery Address:

Tel: Email: Invoice Address:

mediven mondi® and mediven®cosy made to measure form for FP10/GP10

This side is for below knee. Complete both sides for thigh length/tights.

2 Lengths LEFT

D ☐
C ☐
B1 ☐
B ☐

Measure length from base of heel to each point, following contours

Circumferences LEFT — Circumferences RIGHT

KNEE — KNEE

D ☐ C ☐ B1 ☐ B ☐ Y ☐ A ☐

LEFT LEG — Measurements in cm — RIGHT LEG

Lengths RIGHT

D ☐
C ☐
B1 ☐
B ☐

Measure length from base of heel to each point, following contours

3 Foot Styles

☐ Closed toe ☐ Open toe

Foot Length - Closed Toe (heel to longest toe)

☐ Closed toe left ☐ Closed toe right

Left foot slant — Left and right foot slant — Right foot slant

Please complete for both open and closed toe orders

☐ outside inside ☐ — Notes: — ☐ inside outside ☐

4 Fabric choice:

☐ mediven mondi
☐ mediven cosy

5 Compression class (RAL) and Quantity:

QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

6 Silicone Topbands below knee:
add DTTB & quantity to prescription

☐ Sensitive ☐ 2.5cm
☐ Rose pattern ☐ 5cm
☐ Plain with dotted silicone

7 Colour:

☐ Black ☐ Sand
☐ Navy ☐ Caramel
☐ Arthracite* ☐ Magenta*
☐ Cashmere* ☐ Mango Yellow*
☐ Grey* ☐ Blue-Jeans*
☐ Avocado Green*

**optional - extended delivery period. If no colour specified, caramel will be supplied.*

8 Patterns (mediven cosy only)

	Design Elements One tone (tick)	Design Elements Two tone (tick)
Nature		
Dots		
Stripey		
Classic		

9 ☐ Added Y mark at 'Y' for wheelchair users
add DTYKM & quantity to prescription

10 Zip:
add DTZIP & quantity to prescription

☐ Inside (B-D length)
☐ Outside (B-D length)

mediven mondi order codes:	
ccl1	DTMK1
ccl2	DTMK2
ccl3	DTMK3

mediven cosy order codes:	
ccl1	DTCK1
ccl2	DTCK2
ccl3	DTCK3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:	
Closed Toe	DTTOE
Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB

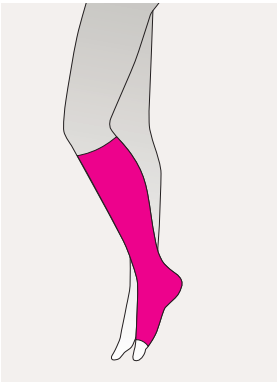
medi

For further information, please call 01432 373508 to speak directly with our Customer Services Team or email: m2m@mediuk.co.uk

medi does not take responsibility for contraindicated use of these garments or for incorrect measurements

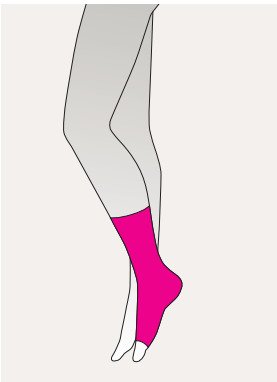
Example of the below knee made to measure order form

mediven mondi® below knee garment selection options



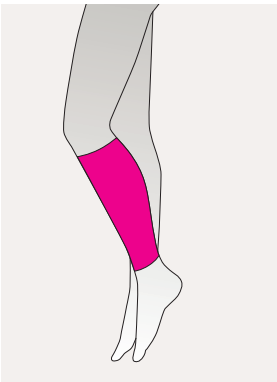
A-D calf with or without closed toe

TOP TIP Base garment is always open toe so if closed toe needed simply add code DTTOE.



A-B1 or A-C anklet with or without closed toe

TOP TIP Anklets may be useful as part of a combination garment eg. under juxtafit.



B-D calf sleeve

TOP TIP Calf sleeve may be useful as part of a combination garment in patients with lipoedema where the foot is unaffected.

mediven mondi® below knee

Completing the made to measure order form

Step 1 Contact details completed

TOP TIP This information is important so that queries, missing information and where the garment is to be delivered can all be managed smoothly.

1 Date: Purchase Order No: Patient Name:

Measured By: Delivery Address:

Tel: Email: Invoice Address:

Step 2 Complete circumference and length measurements

TOP TIP Mark the limb prior to measuring using a skin marker. If deepened skin folds are present where you want to mark the skin, place the mark 5cm higher or lower than the skin fold.

2 Lengths LEFT

D

C

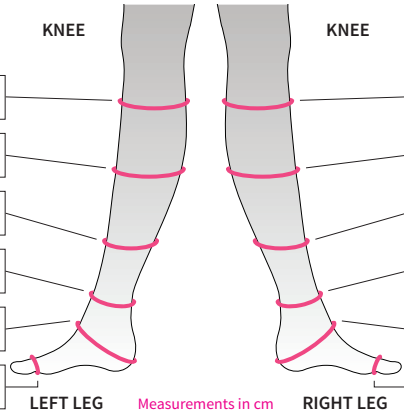
B1

B

Measure length from base of heel to each point, following contours

Circumferences LEFT

Circumferences RIGHT



Measurements in cm

Lengths RIGHT

D

C

B1

B

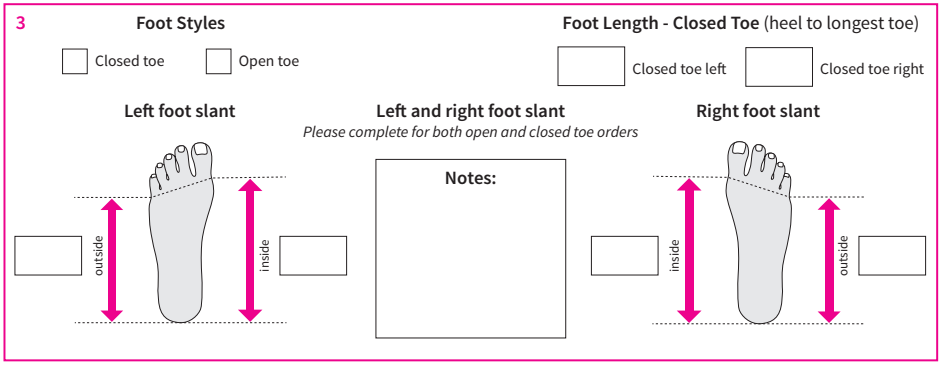
Measure length from base of heel to each point, following contours

mediven mondi® below knee

Completing the made to measure order form

Step 3 Measure foot lengths and tick as required.

TOP TIP Measuring the length from base of heel to big toe and base of heel to little toe will ensure comfort, tailoring the foot shape to the wearer whether open or closed toe.



Step 4 Tick which fabric is required.

TOP TIP Choose mediven mondi for any leg shape without deepened skin folds.

4 Fabric choice:

- ☐ mediven mondi
- ☐ mediven cosy

Step 5 Tick compression class and quantity required.

TOP TIP Each leg can be a different compression class depending on patient diagnosis.

5 Compression class (RAL) and Quantity:

QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

Step 6 Tick which topband size, style and quantity is required.

TOP TIP 2.5cm is useful for below knee.

6 Silicone Topbands below knee:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone
- ☐ 2.5cm
- ☐ 5cm

mediven mondi® below knee

Completing the made to measure order form

Step 7 Tick which colour is required.

TOP TIP For the fastest return of made to measure order caramel, sand or black.

7 Colour:

- ☐ Black
- ☐ Navy
- ☐ Anthracite*
- ☐ Cashmere*
- ☐ Grey*
- ☐ Avocado Green*
- ☐ Sand
- ☐ Caramel
- ☐ Magenta*
- ☐ Mango Yellow*
- ☐ Blue-Jeans*

**optional - extended delivery period. If no colour specified, caramel will be supplied.*

Step 8 Tick which pattern is required.

TOP TIP For patterns please choose mediven cosy fabric.

Step 9 Add 'Y' for wheelchair user.

TOP TIP The 'Y' mark is automatically knitted into the garment to ensure comfort around the heel and front of ankle. The added 'Y' mark can be used for those who spend a lot of time sitting or with fixed ankle joints.

9 ☐ **Added Y mark at 'Y' for wheelchair users**
add DTYKM & quantity to prescription

Step 10
Tick if zip is required.

TOP TIP Zips are useful for clinical reasons eg. accessing dressings.

10 Zip:
add DTZIP & quantity to prescription

- ☐ Inside (B-D length)
- ☐ Outside (B-D length)

Add the codes needed to the prescription.

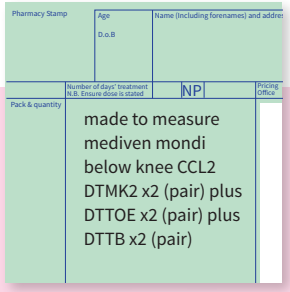
TOP TIP Base garment is a mediven mondi open toe so remember to add your accessories eg. DTZIP if zip required.

mediven mondi order codes:	
ccl1	DTMK1
ccl2	DTMK2
ccl3	DTMK3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:	
Closed Toe	DTTOE
Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB

Example of what to write on the prescription



Order Check List:

Completed the order form ✓
Completed the prescription ✓

You're now ready to send both to pharmacy or medi UK's Prescription By Post service

mediven mondi® thigh/tights

mediven mondi is made to measure flat knit compression suitable for chronic oedema/lymphoedema up to stage 2 and is recommended for any leg shape without deepened skin folds.

Both sides of the measurement chart need to be completed for thigh, tights or combination garments.

Date: Purchase Order No: Patient Name:

Measured By: Delivery Address:

Tel: Email: Invoice Address:

mediven mondi® and mediven®cosy made to measure form for FP10/GP10

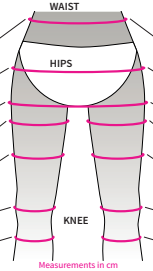
Below knee must be completed overleaf for a full thigh length/tights order.

11 Lengths LEFT

T H K G F E D

Measure length from base of heel to each point, following contours

Circumferences LEFT / **Circumferences RIGHT**



Measurements in cm

Lengths RIGHT

T H K G F E D

Measure length from base of heel to each point, following contours

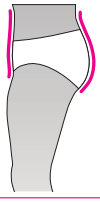
12

LK-T Front — measure from groin to panty top

LK-T Back — measure from gluteal fold to panty top

LK1 — measure from groin to floor

LK2 — measure from gluteal fold to floor



** Thigh length waist attachment

Waist - circ. ____ cm

Length - floor to waist ____ cm

Notes:

13 Styles:

- ☐ Thigh
- ☐ Thigh length waist attachment**
- ☐ One legged panty - (mediven mondi only)
- ☐ Tights ☐ Men's Fly

14 Compression class (RAL) and Quantity:

LEGS - QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		
PANTY SECTION (tick required ccl)		
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

15 Silicone Topband thigh:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone

16 Optional Extras:
Zips: *add DTZIP & quantity to prescription*

Zip replacement:

Below knee: Inside ☐ Outside ☐

Above knee: Inside ☐ Outside ☐

Pant section: L ☐ R ☐ Mid ☐

17 ☐ **Added Y mark at 'E' for seated occupations**
add DTYKM & quantity to prescription

mediven mondi order codes:

	ccl1	ccl2	ccl3
Thigh length	DTMT1	DTMT2	DTMT3
Thigh waist attch.	DTMW1	DTMW2	DTMW3
One legged panty	DTMOP1	DTMOP2	DTMOP3
Tights	N/A	DTMTG2	DTMTG3

mediven cosy order codes:

	ccl1	ccl2	ccl3
Thigh length	DTCT1	DTCT2	DTCT3
Thigh waist attch.	DTCW1	DTCW2	DTCW3
Tights	DTCTG1	DTCTG2	DTCTG3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:

Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB
Men's Fly	DTFLY

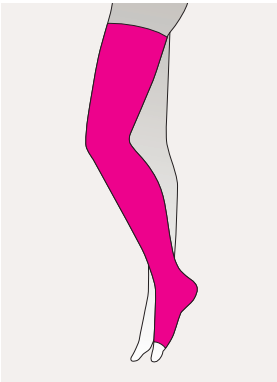
medi

For further information, please call 01432 373508 to speak directly with our Customer Services Team or email: m2m@mediuk.co.uk

medi does not take responsibility for contraindicated use of these garments or for incorrect measurements

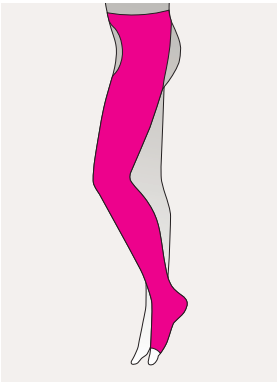
Example of the upper leg made to measure order form

mediven mondi® thigh/tights garment selection options



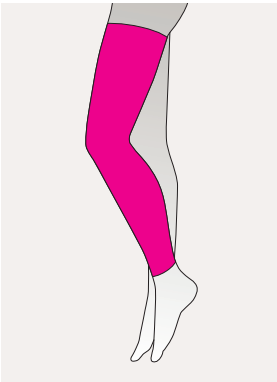
A-G thigh with or without topband or closed toe

TOP TIP Base garment is open toe without topband so if topband needed simply add code DTTB.



A-G thigh with waist attachment

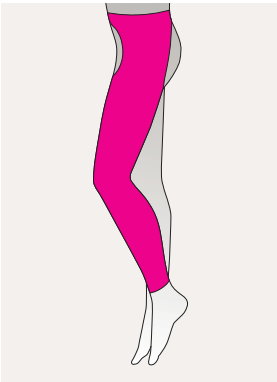
TOP TIP Waist attachments are useful when the skin at top of thigh is very soft and fatty and is an alternative to a topband.



B-G thigh length without foot piece

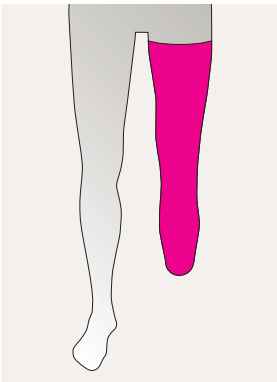
TOP TIP Useful as part of a combination garment with an A-B1 (anklet) to make application simpler.

mediven mondi® thigh/tights garment selection options



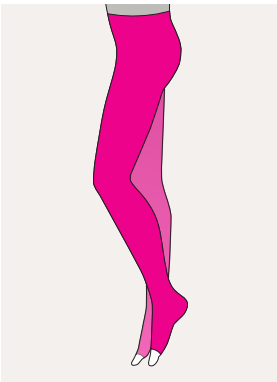
B-G thigh length with waist attachment

TOP TIP Useful as part of a combination garment with an A-B1 (anklet) to make application simpler.



Stump garment

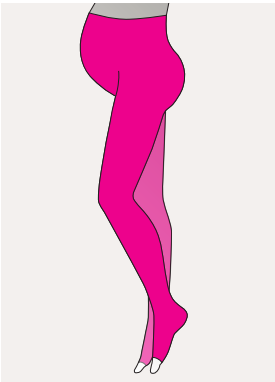
TOP TIP Can be tailored to suit the individual amputation needs.



A-T tights

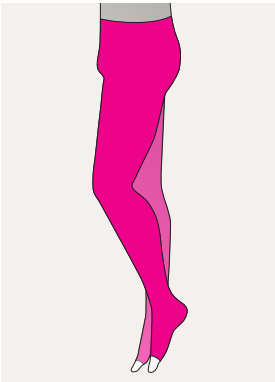
TOP TIP Useful for chronic oedema or lipoedema in both legs.

mediven mondi® thigh/tights garment selection options



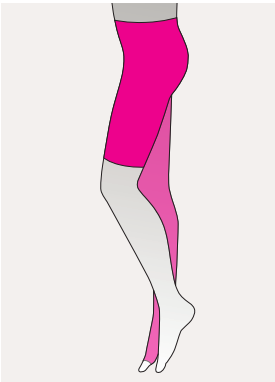
A-T maternity tights

TOP TIP The soft abdominal panel in this garment grows with the pregnancy.



A-T men's tights

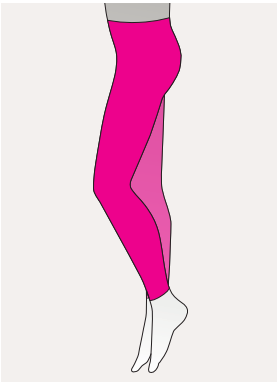
TOP TIP Men's tights have a fly opening.



A-T one legged tights

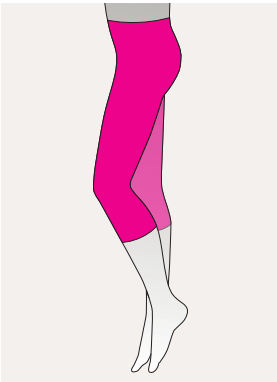
TOP TIP If one leg is swollen and the swellling extends into the abdomen this style can be more comfortable.

mediven mondi® thigh/tights garment selection options



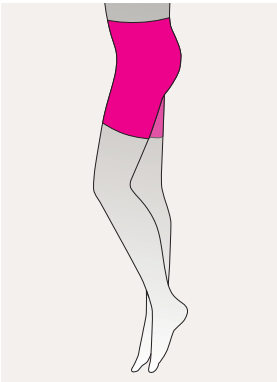
B-T leggings

TOP TIP Stand alone garment when feet are unaffected or part of a combination garment and most useful for lipoedema.



C-T capri shorts

TOP TIP Stand alone garment when feet are unaffected or part of a combination garment and most useful for lipoedema.



F-T cycling shorts

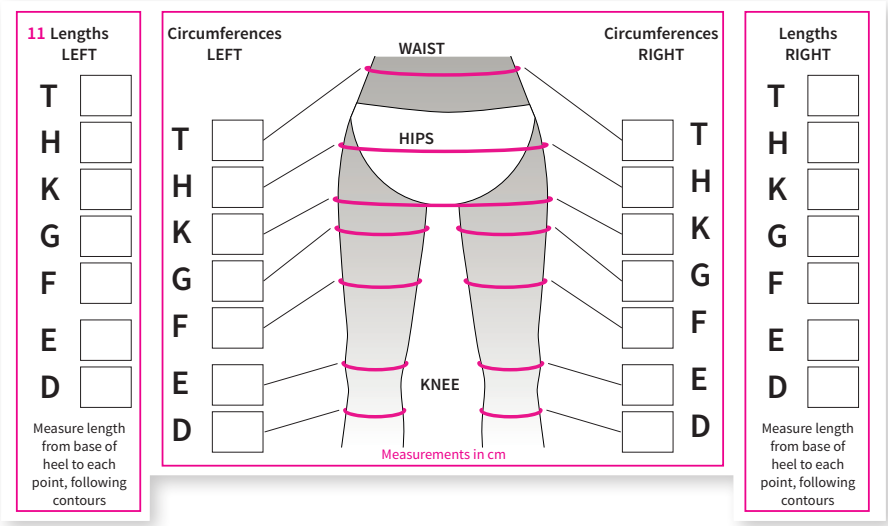
TOP TIP Stand alone garment or part of a combination garment and most useful for lipoedema.

mediven mondi® thigh/tights

Completing the made to measure order form

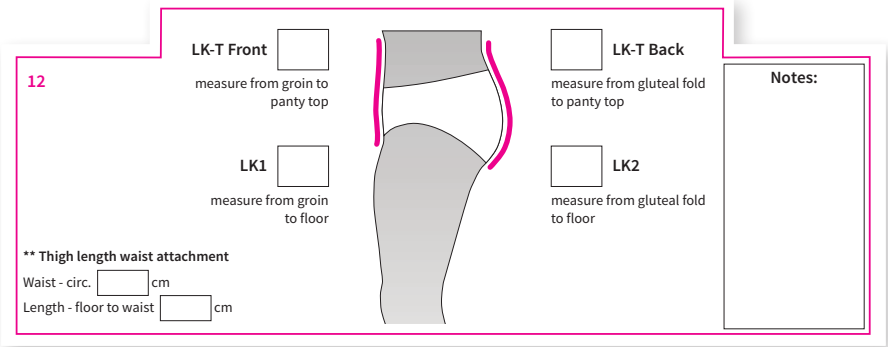
Step 11 Complete circumference and length measurements (D to G if thigh length and D to T if tights).

TOP TIP If below knee form on reverse has been completed D measurement doesn't need to be repeated.



Step 12 Measure waist circumference and length from floor to waist for **thigh length with waist attachment.

TOP TIP The K measurement is unique to mediven flat knit and is essential for creating a 3D pant section which respects the body shape.



mediven mondi® thigh/tights

Completing the made to measure order form

Step 13 Tick the style required.

TOP TIP Always order a garment that finishes above the oedema eg. if oedema presents just above the knee, a full thigh length garment is required.

13 Styles:

- ☐ Thigh
- ☐ Thigh length waist attachment**
- ☐ One legged panty - (mediven mondi only)
- ☐ Tights ☐ Men's Fly

Step 14 Tick the compression class required for both left and right leg.

TOP TIP Compression class of the pants has to be equal to or lower in class than the legs. If CCL1 tights are required choose mediven cosy.

14 Compression class (RAL) and Quantity:

LEGS - QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		
PANTY SECTION (tick required ccl)		
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

Step 15 Tick which topband style and quantity is required.

TOP TIP 5cm topbands are recommended for thigh garments.

15 Silicone Topband thigh:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone

mediven mondi® thigh/tights

Completing the made to measure order form

Step 16 Tick if zip is required.

TOP TIP Zips are useful for clinical reasons eg. accessing dressings.

16 Optional Extras:
Zips: ***add DTZIP & quantity to prescription***

Zip replacement:

Below knee: Inside ☐ Outside ☐

Above knee: Inside ☐ Outside ☐

Pant section: L ☐ R ☐ Mid ☐

Step 17 Add 'Y' at the knee.

TOP TIP DTYKM at 'E' increases stitches over the knee cap and is recommended for those who sit for long periods.

17 ☐ **Added Y mark at 'E' for seated occupations**

add DTYKM & quantity to prescription

Add the codes needed to the prescription.

TOP TIP Base garment is a mediven mondi open toe so remember to add your accessories eg. DTTB if topband is required.

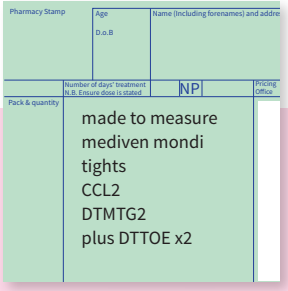
mediven mondi order codes:

	ccl1	ccl2	ccl3
Thigh length	DTMT1	DTMT2	DTMT3
Thigh waist attch.	DTMW1	DTMW2	DTMW3
One legged panty	DTMOP1	DTMOP2	DTMOP3
Tights	N/A	DTMTG2	DTMTG3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:	
Added Y mark	DTYKM
Zip	DTZIP
Topband	DTTB
Men's Fly	DTFLY

Example of what to write on the prescription



Order Check List:

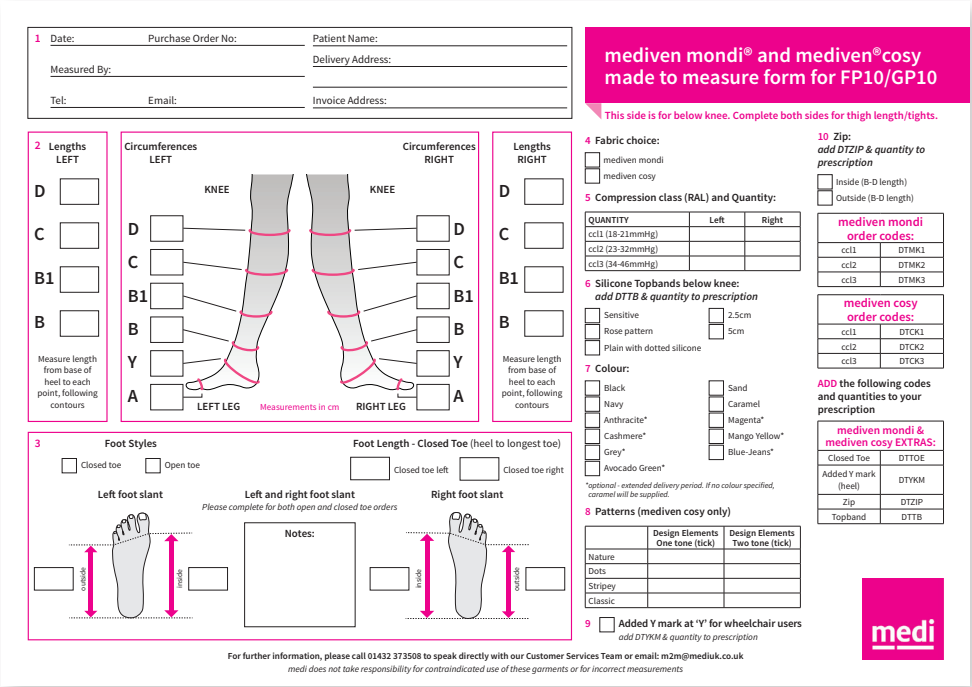
Completed the order form ✓

Completed the prescription ✓

You're now ready to send both to pharmacy or medi UK's Prescription By Post service

mediven® cosy below knee

mediven cosy is made to measure flat knit suitable for chronic oedema/lymphoedma to stage 3 due to the high wall stability. It is also useful for lipoedema and patients with deepened skin folds.



1 Date: Purchase Order No: Patient Name:
Measured By: Delivery Address:
Tel: Email: Invoice Address:

mediven mondi® and mediven®cosy made to measure form for FP10/GP10

This side is for below knee. Complete both sides for thigh length/tights.

2 Lengths LEFT: D, C, B1, B
Measure length from base of heel to each point, following contours

Circumferences LEFT / Circumferences RIGHT
KNEE KNEE
D C B1 B Y A
LEFT LEG Measurements in cm RIGHT LEG

Lengths RIGHT: D, C, B1, B
Measure length from base of heel to each point, following contours

3 Foot Styles: Closed toe, Open toe
Foot Length - Closed Toe (heel to longest toe): Closed toe left, Closed toe right
Left foot slant / Left and right foot slant / Right foot slant
Please complete for both open and closed toe orders
outside inside Notes: inside outside

4 Fabric choice: mediven mondi, mediven cosy

5 Compression class (RAL) and Quantity:

QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

6 Silicone Topbands below knee: *add DTTB & quantity to prescription*
Sensitive, Rose pattern, Plain with dotted silicone; 2.5cm, 5cm

7 Colour: Black, Navy, Anthracite*, Cashmere*, Grey*, Avocado Green*, Sand, Caramel, Magenta*, Mango Yellow*, Blue-Jeans*
*optional - extended delivery period. If no colour specified, caramel will be supplied.

8 Patterns (mediven cosy only)

	Design Elements One tone (tick)	Design Elements Two tone (tick)
Nature		
Dots		
Stripey		
Classic		

9 Added Y mark at 'Y' for wheelchair users *add DTYKM & quantity to prescription*

10 Zip: *add DTZIP & quantity to prescription*
Inside (B-D length), Outside (B-D length)

mediven mondi order codes:	
ccl1	DTMK1
ccl2	DTMK2
ccl3	DTMK3

mediven cosy order codes:	
ccl1	DTCK1
ccl2	DTCK2
ccl3	DTCK3

ADD the following codes and quantities to your prescription

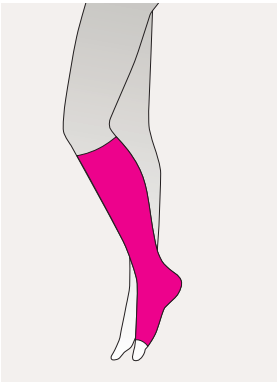
mediven mondi & mediven cosy EXTRAS:	
Closed Toe	DTTOE
Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB

medi

For further information, please call 01432 373508 to speak directly with our Customer Services Team or email: m2m@mediuk.co.uk
medi does not take responsibility for contraindicated use of these garments or for incorrect measurements

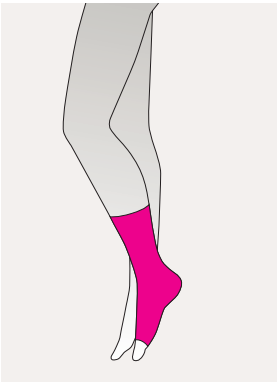
Example of the below knee made to measure order form

mediven® cosy below knee garment selection options



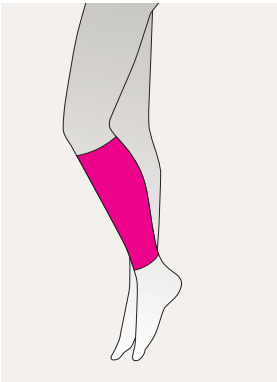
A-D calf with or without closed toe

TOP TIP Base garment is always open toe so if closed toe needed simply add code DTTOE.



A-B1 or A-C anklet with or without closed toe

TOP TIP Anklets may be useful as part of a combination garment eg. under juxtafit.



B-D calf sleeve

TOP TIP Calf sleeve may be a useful as part of a combination garment in patients with lipoedema where the foot is unaffected.

mediven® cosy below knee

Completing the made to measure order form

Step 1 Contact details completed

TOP TIP This information is important so that queries, missing information and where the garment is to be delivered can all be managed smoothly.

1 Date: Purchase Order No: Patient Name:

Measured By: Delivery Address:

Tel: Email: Invoice Address:

Step 2 Complete circumference and length measurements

TOP TIP Mark the limb prior to measuring using a skin marker. If deepened skin folds are present where you want to mark the skin, place the mark 5cm higher or lower than the skin fold.

2 Lengths LEFT

D

C

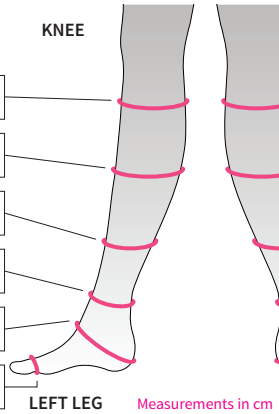
B1

B

Measure length from base of heel to each point, following contours

Circumferences LEFT

Circumferences RIGHT



Lengths RIGHT

D

C

B1

B

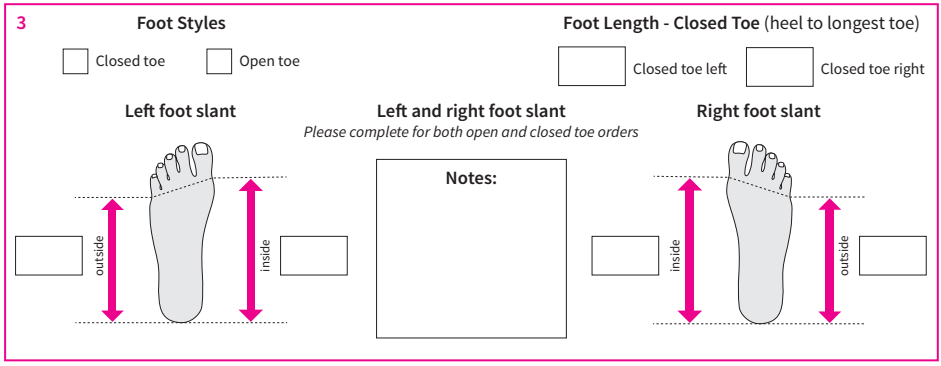
Measure length from base of heel to each point, following contours

mediven® cosy below knee

Completing the made to measure order form

Step 3 Measure foot lengths and tick as required.

TOP TIP Measuring the length from base of heel to big toe and base of heel to little toe will ensure comfort, tailoring the foot shape to the wearer whether open or closed toe.



Step 4 Tick which fabric is required.

TOP TIP Choose mediven cosy for patients with lipoedema or deepened skin folds.

4 Fabric choice:

- ☐ mediven mondi
- ☐ mediven cosy

Step 5 Tick compression class and quantity required.

TOP TIP Each leg can be a different compression class depending on patient diagnosis.

5 Compression class (RAL) and Quantity:

QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

Step 6 Tick which topband size, style and quantity is required.

TOP TIP 2.5cm is useful for below knee.

6 Silicone Topbands below knee:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone
- ☐ 2.5cm
- ☐ 5cm

mediven® cosy below knee

Completing the made to measure order form

Step 7 Tick which colour is required.

TOP TIP For the fastest return of made to measure order caramel, sand or black.

7 Colour:

- ☐ Black
- ☐ Navy
- ☐ Anthracite*
- ☐ Cashmere*
- ☐ Grey*
- ☐ Avocado Green*
- ☐ Sand
- ☐ Caramel
- ☐ Magenta*
- ☐ Mango Yellow*
- ☐ Blue-Jeans*

**optional - extended delivery period. If no colour specified, caramel will be supplied.*

Step 8 Tick which pattern is required.

TOP TIP No need to add the pattern to the prescription, just tick on measurement form.

	Design Elements One tone (tick)	Design Elements Two tone (tick)
Nature		
Dots		
Stripey		
Classic		

Step 9 Add 'Y' for wheelchair user.

TOP TIP The 'Y' mark is automatically knitted into the garment to ensure comfort around the heel and front of ankle. The added 'Y' mark can be used for those who spend a lot of time sitting or with fixed ankle joints.

9 ☐ **Added Y mark at 'Y' for wheelchair users**
add DTYKM & quantity to prescription

Step 10

Tick if zip is required.

TOP TIP Zips are useful for clinical reasons eg. accessing dressings.

10 Zip:
add DTZIP & quantity to prescription

- ☐ Inside (B-D length)
- ☐ Outside (B-D length)

Add the codes needed to the prescription.

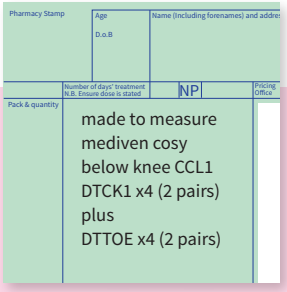
TOP TIP Base garment is a mediven cosy open toe so remember to add your accessories eg DTZIP if zip required.

mediven cosy order codes:	
ccl1	DTCK1
ccl2	DTCK2
ccl3	DTCK3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:	
Closed Toe	DTTOE
Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB

Example of what to write on the prescription


Pharmacy Stamp
Age
D.o.B
Name (including forenames) and addres
Number of days' treatment N.B. Ensure dose is stated
NP
Pricing Office
Pack & quantity
made to measure
mediven cosy
below knee CCL1
DTCK1 x4 (2 pairs)
plus
DTTOE x4 (2 pairs)

Order Check List:

Completed the order form ✓
Completed the prescription ✓

You're now ready to send both to pharmacy or medi UK's Prescription By Post service

mediven® cosy thigh/tights

mediven cosy is made to measure flat knit suitable for chronic oedema/lymphoedma to stage 3 due to the high wall stability. It is also useful for lipoedema and patients with deepened skin folds.

Both sides of the measurement chart need to be completed for thigh, tights or combination garments.

Date: Purchase Order No: Patient Name:

Measured By: Delivery Address:

Tel: Email: Invoice Address:

mediven mondi® and mediven®cosy made to measure form for FP10/GP10

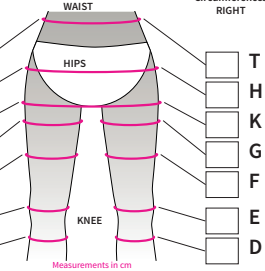
Below knee must be completed overleaf for a full thigh length/tights order.

11 Lengths LEFT

T H K G F E D

Measure length from base of heel to each point, following contours

Circumferences LEFT / **Circumferences RIGHT**



Measurements in cm

Lengths RIGHT

T H K G F E D

Measure length from base of heel to each point, following contours

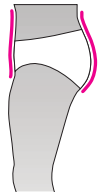
12

LK-T Front — measure from groin to panty top

LK1 — measure from groin to floor

LK-T Back — measure from gluteal fold to panty top

LK2 — measure from gluteal fold to floor



** Thigh length waist attachment

Waist - circ. ____ cm

Length - floor to waist ____ cm

Notes:

13 Styles:

- ☐ Thigh
- ☐ Thigh length waist attachment**
- ☐ One legged panty - (mediven mondi only)
- ☐ Tights ☐ Men's Fly

14 Compression class (RAL) and Quantity:

LEGS - QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		
PANTY SECTION (tick required ccl)		
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

15 Silicone Topband thigh:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone

16 Optional Extras:
Zips: *add DTZIP & quantity to prescription*

Zip replacement:

Below knee: Inside ☐ Outside ☐

Above knee: Inside ☐ Outside ☐

Pant section: L ☐ R ☐ Mid ☐

17 ☐ **Added Y mark at 'E' for seated occupations**
add DTYKM & quantity to prescription

mediven mondi order codes:

	ccl1	ccl2	ccl3
Thigh length	DTMT1	DTMT2	DTMT3
Thigh waist attch.	DTMW1	DTMW2	DTMW3
One legged panty	DTMOP1	DTMOP2	DTMOP3
Tights	N/A	DTMTG2	DTMTG3

mediven cosy order codes:

	ccl1	ccl2	ccl3
Thigh length	DTCT1	DTCT2	DTCT3
Thigh waist attch.	DTCW1	DTCW2	DTCW3
Tights	DTCTG1	DTCTG2	DTCTG3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:

Added Y mark (heel)	DTYKM
Zip	DTZIP
Topband	DTTB
Men's Fly	DTFLY

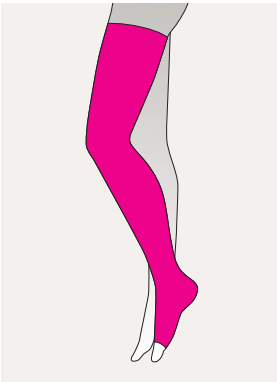
medi

For further information, please call 01432 373508 to speak directly with our Customer Services Team or email: m2m@mediuk.co.uk

medi does not take responsibility for contraindicated use of these garments or for incorrect measurements

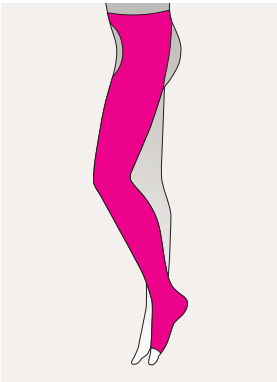
Example of the upper leg made to measure order form

mediven® cosy thigh/tights garment selection options



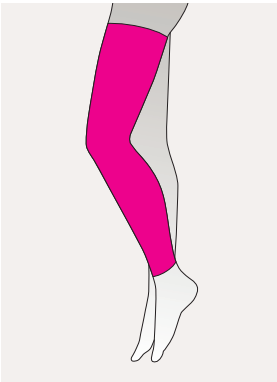
A-G thigh with or without topband or closed toe

TOP TIP Base garment is open toe without topband so if topband needed simply add code DTTB.



A-G thigh with waist attachment

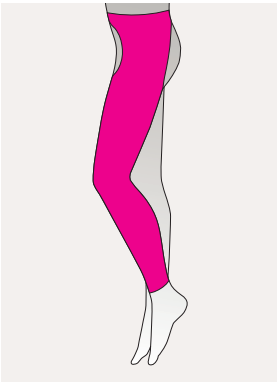
TOP TIP Waist attachments are useful when the skin at top of thigh is very soft and fatty and is an alternative to a topband.



B-G thigh length without foot piece

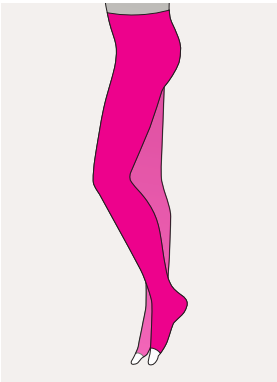
TOP TIP Useful as part of a combination garment with an A-B1 (anklet) to make application simpler.

mediven® cosy thigh/tights garment selection options



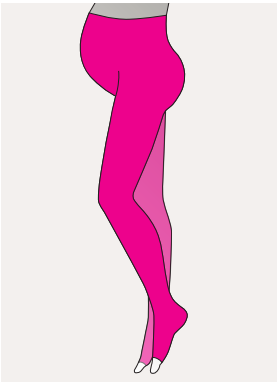
B-G thigh length with waist attachment

TOP TIP Useful as part of a combination garment with an A-B1 (anklet) to make application simpler.



A-T tights

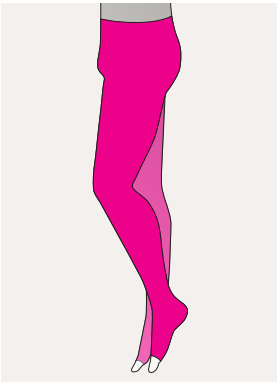
TOP TIP Useful for chronic oedema or lipoedema in both legs.



A-T maternity tights

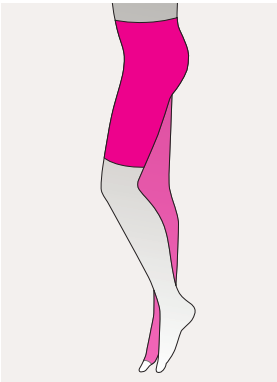
TOP TIP The soft abdominal panel in this garment grows with the pregnancy.

mediven® cosy thigh/tights garment selection options



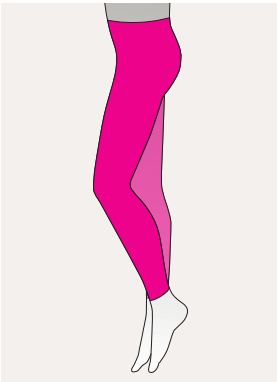
A-T men's tights

TOP TIP Men's tights have a fly opening.



A-T one legged tights

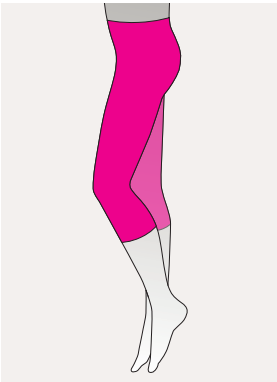
TOP TIP If one leg is swollen and the swellling extends into the abdomen this style can be more comfortable.



B-T leggings

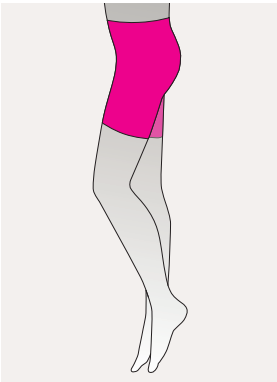
TOP TIP Stand alone garment when feet are unaffected or part of a combination garment and most useful for lipoedema.

mediven® cosy thigh/tights garment selection options



C-T capri shorts

TOP TIP Stand alone garment when feet are unaffected or part of a combination garment and most useful for lipoedema.



F-T cycling shorts

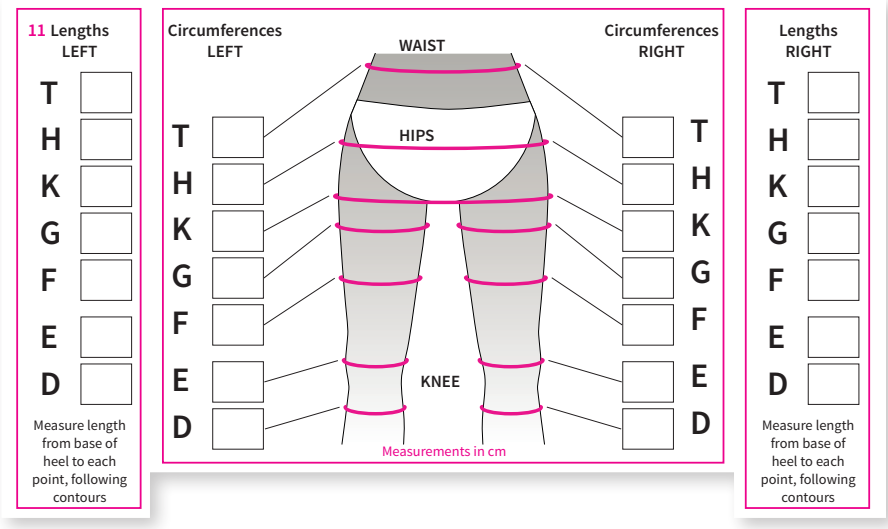
TOP TIP Stand alone garment or part of a combination garment and most useful for lipoedema.

mediven® cosy thigh/tights

Completing the made to measure order form

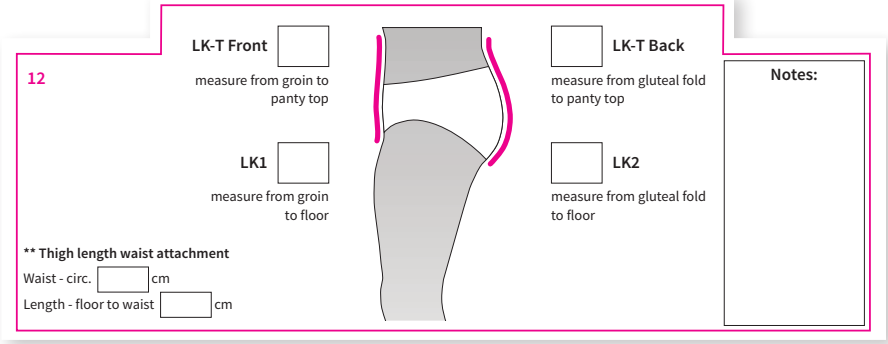
Step 11 Complete circumference and length measurements (D to G if thigh length and D to T if tights).

TOP TIP If below knee form on reverse has been completed D measurement doesn't need to be repeated.



Step 12 Measure waist circumference and length from floor to waist for **thigh length with waist attachment.

TOP TIP The K measurement is unique to mediven flat knit and is essential for creating a 3D pant section which respects the body shape.



mediven® cosy thigh/tights

Completing the made to measure order form

Step 13 Tick the style required.

TOP TIP Always order a garment that finishes above the oedema eg. if oedema presents just above the knee, a full thigh length garment is required.

13 Styles:

- ☐ Thigh
- ☐ Thigh length waist attachment**
- ☐ One legged panty - (mediven mondi only)
- ☐ Tights ☐ Men's Fly

Step 14 Tick the compression class required for both left and right leg.

TOP TIP Compression class of the pants has to be equal to or lower in class than the legs.

14 Compression class (RAL) and Quantity:

LEGS - QUANTITY	Left	Right
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		
PANTY SECTION (tick required ccl)		
ccl1 (18-21mmHg)		
ccl2 (23-32mmHg)		
ccl3 (34-46mmHg)		

Step 15 Tick which topband style and quantity is required.

TOP TIP 5cm topbands are recommended for thigh garments.

15 Silicone Topband thigh:
add DTTB & quantity to prescription

- ☐ Sensitive
- ☐ Rose pattern
- ☐ Plain with dotted silicone

mediven® cosy thigh/tights

Completing the made to measure order form

Step 16 Tick if zip is required.

TOP TIP Zips are useful for clinical reasons eg. accessing dressings.

16 Optional Extras:
Zips: ***add DTZIP & quantity to prescription***

Zip replacement:

Below knee: Inside ☐ Outside ☐

Above knee: Inside ☐ Outside ☐

Pant section: L ☐ R ☐ Mid ☐

Step 17 Add 'Y' at the knee.

TOP TIP DTYKM at 'E' increases stitches over the knee cap and is recommended for those who sit for long periods.

17 ☐ **Added Y mark at 'E' for seated occupations**
add DTYKM & quantity to prescription

Add the codes needed to the prescription.

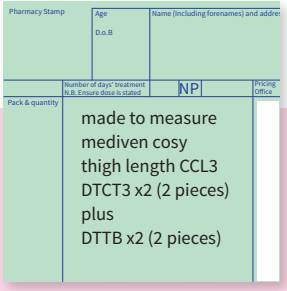
TOP TIP Base garment is a mediven cosy open toe so remember to add your accessories eg. DTTB if topband is required.

mediven cosy order codes:	
ccl1	DTCK1
ccl2	DTCK2
ccl3	DTCK3

ADD the following codes and quantities to your prescription

mediven mondi & mediven cosy EXTRAS:	
Closed Toe	DTTOE
Added Y mark	DTYKM
Zip	DTZIP
Topband	DTTB

Example of what to write on the prescription



Order Check List:

Completed the order form ✓

Completed the prescription ✓

You're now ready to send both to pharmacy or medi UK's Prescription By Post service

How to recognise lipoedema

Patients with lipoedema are often misdiagnosed as simply 'fat'.

When eating a healthy diet, obese patients will lose weight from all areas of the body however, lipoedema patients will only lose weight from the waist up.

What is lipoedema?

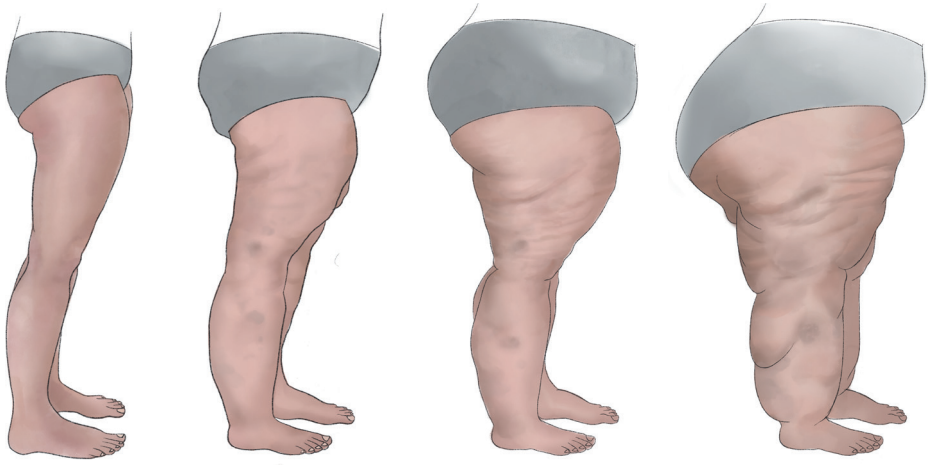
It is a hereditary, chronic disorder of fatty tissue distribution. The condition mostly develops below the waist leading to wide hips, large thighs and often a shapeless lower leg. Some patients may also experience it in their arms although the backs of hands and feet remain free of swelling. Oedema and painful legs may develop throughout the day.

Lipoedema is a confusing term as it is predominantly a chronic fatty tissue disorder but secondary oedema can develop.

Bruising occurs very easily in lipoedema and the limb is very sensitive and/or painful to touch.

Over a number years with no compression, the lipoedema limbs may develop more swelling.

Compression can streamline lipoedema making limbs feel more comfortable and also prevent problems in the lymphatic and venous systems.



Stage one | Stage two | Stage three | Stage four

Images based on Lipoedema UK staging guidance (2021) www.lipoedema.co.uk

Arms

Arm swelling can present due to primary or congenital factors, cancer treatment or blood clots (deep vein thrombosis) therefore it is vital to understand the cause of the swelling prior to planning compression treatment.

juxtafit® armsleeve

juxtafit armsleeve is suitable for the reduction and/or maintenance of upper limb volume.

Guaranteed 6 months compression

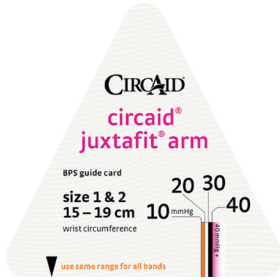
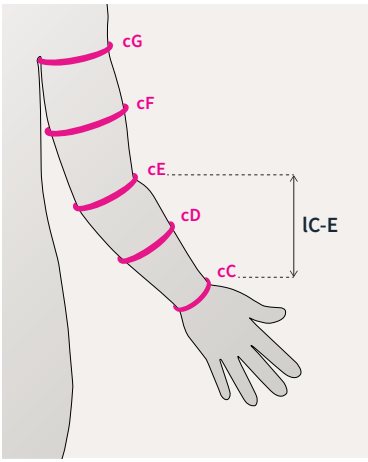


Image of juxatfit arm Built-in Pressure System (BPS) card

Pack contents:
1 juxtafit armsleeve
1 juxtafit arm Built-in Pressure System (BPS)
1 black silky cover-up

MEASUREMENT GUIDE



juxtafit armsleeve order code check list		
Sizing measurement in cm	Standard	Long
lC-E	22-25	>25
Left	DT970L/1-6	DT980L/1-6
Right	DT970R/1-6	DT980R/1-6

Circumferences in cm						
	1	2	3	4	5	6
cG	28-32	30-34	32-37	35-40	38-44	42-48
cF	26-30	28-32	30-35	33-38	36-41	39-45
cE	25-28	27-30	29-32	31-34	33-36	36-40
cD	23-26	25-28	27-30	29-32	31-34	33-37
cC	15-17	17-19	19-21	21-23	23-25	25-28

cE* is the elbow flexure

juxtafit® handwrap and juxta glove

Juxtafit handwrap and juxta glove can be used in combination with each other and the juxtafit armsleeve to address any oedema in the fingers or back of the hand.

Image shows the juxtafit handwrap

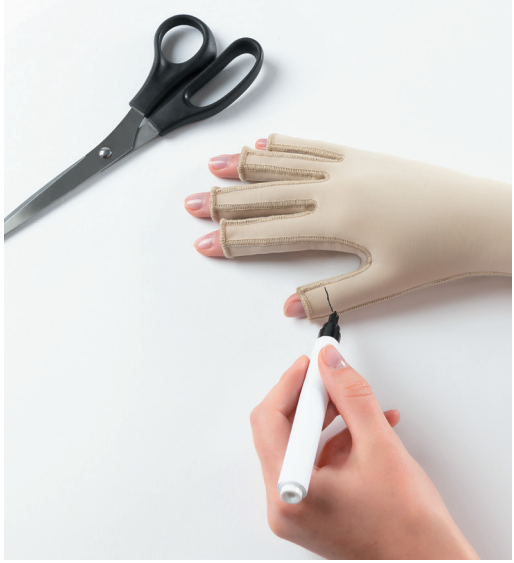
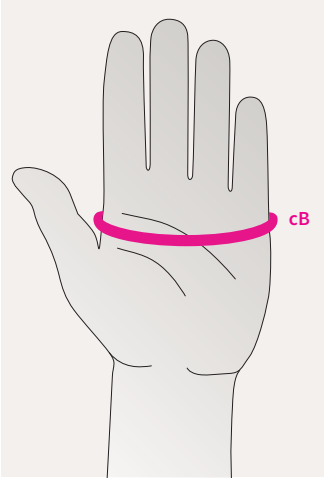


Image shows the juxta glove being marked ready to trim to desired length

MEASUREMENT GUIDE



juxtafit hand wrap order code check list					
Circumferences in cm					
	XS	S	M	L	XL
cB Palm	14-17	17-20	20-23	23-26	26-29
Left	DT971L/1	DT971L/2	DT971L/3	DT971L/4	DT971L/5
Right	DT971R/1	DT971R/2	DT971R/3	DT971R/4	DT971R/5

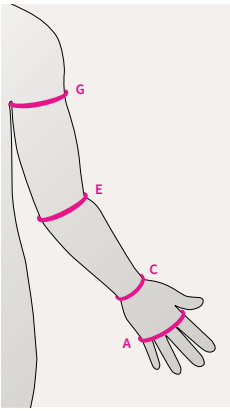
juxtafit glove order code check list					
Circumferences in cm					
	2	3	4	5	6
cB Palm	18-21	20-23	22-25	24-27	26-29
	DT770/2	DT770/3	DT770/4	DT770/5	DT770/6

mediven® harmony

image shows mediven harmony combined armsleeve

mediven harmony is an off the shelf garment and was developed to be the first line treatment for uncomplicated upper limb oedema.

MEASUREMENT GUIDE



mediven harmony armsleeve

Circumferences in cm	Size 1 (I)		Size 2 (II)		Size 3 (III)		Size 4 (IV)	
	Regular	Extra Wide	Regular	Extra Wide	Regular	Extra Wide	Regular	Extra Wide
cG	25.5 - 28	28.5 - 31	28 - 30.5	30.5 - 33.5	30 - 33	33 - 36	32 - 35	35 - 38.5
cE	23 - 25	24 - 26	24.5 -26.5	26.5 - 29	26 - 28.5	28.5 - 31	27.5 - 30	30 - 33
cC	13.5 - 14.5		14.5 - 15.5		16 - 17.5		17.5 - 19	
cA	15 - 18		16 - 19		17 - 20		19 - 22	

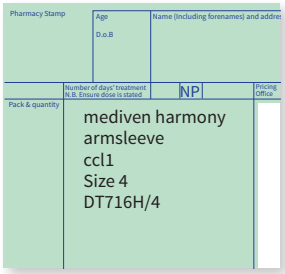
Circumferences in cm	Size 5 (V)		Size 6 (VI)		Size 7 (VII)		Size 8 (VIII)	
	Regular	Extra Wide	Regular	Extra Wide	Regular	Extra Wide	Regular	Extra Wide
cG	33.5 - 36.5	37 - 40.5	36 - 39.5	39.5 - 43	38 - 41.5	41.5 - 45.5	40.5 - 44.5	45 - 49.5
cE	29 - 31.5	31.5 - 34.5	30.5 - 33.5	33.5 - 36.5	32.5 - 35.5	35.5 - 39	35 - 38.5	38.5 - 42
cC	19 - 20.5		20.5 - 22.5		22.5 - 24.5		25 - 27.5	
cA	20 - 23		22 - 25		24 - 27		26 - 29	

Measuring points	
Armsleeve	C, E & G
Combined Armsleeve	A, C, E & G
Glove	A & C

Armsleeve lengths (C-G cms)	
Standard	41 - 47
Short	<41

mediven® harmony armsleeve

mediven harmony armsleeve options and order codes				
Material	moderate round knit			
RAL compression	ccl1 (15-21mmHg)			
Style - wrist to axilla (C-G) armsleeve	Regular (41-47cm)		Short (less than 41cm)	
Colour	Sand		Caramel	
Size	Regular	Extra Wide	Regular	Extra Wide
No topband	DT714H	DT715H		
With topband	DT746H	DT747H	DT746HS	DT747HS
With shoulder cap	DT738H	DT739H		
Style combined sleeve - knuckles to axilla (A-G)	Regular	Extra Wide	Regular	Extra Wide
No topband	DT734H	DT735H		
With topband	DT754H	DT755H	DT754HS	DT755HS
With shoulder cap	DT740H	DT741H		
RAL compression	ccl2 (23-32mmHg)			
Style - length wrist to axilla (C-G) armsleeve				
Colour	Sand		Caramel	
Size	Regular	Extra Wide	Regular	Extra Wide
No topband	DT716H	DT717H		
With topband	DT750H	DT 751H	DT750HS	DT751HS
With shoulder cap	DT742H	DT743H		
Style combined sleeve - knuckles to axilla (A-G)	Regular	Extra Wide	Regular	Extra Wide
No topband	DT736H	DT737H		
With topband	DT758H	DT759H	DT758HS	DT759HS
With shoulder cap	DT744H	DT745H		

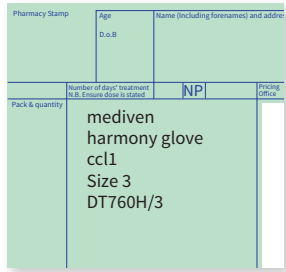


Example of what to write on the prescription

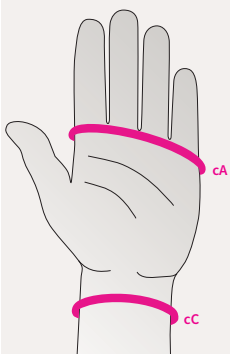
mediven® harmony glove

image shows mediven harmony glove

Example of what to write on the prescription



MEASUREMENT GUIDE

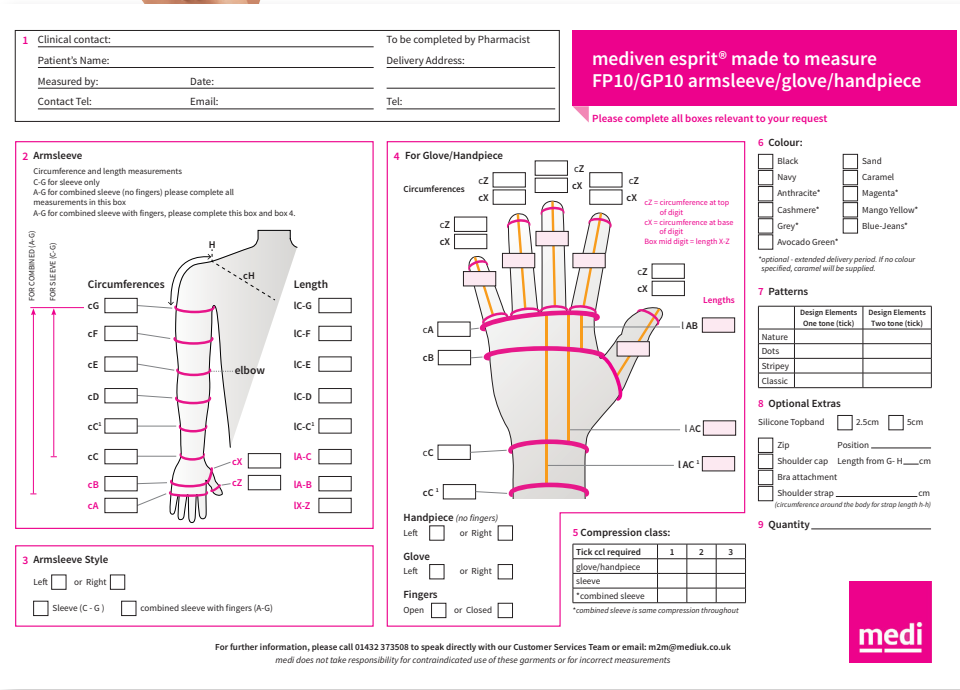


mediven harmony glove		
RAL compression	ccl1	ccl2
Colour	Sand	Sand
Order codes	DT760H	DT761H

Glove measurements						
Circumferences in cm	Size 2 (II)	Size 3 (III)	Size 4 (IV)	Size 5 (V)	Size 6 (VI)	Size 7 (VII)
cC	13.5 - 15.5	15 - 18	17 - 20	19 - 21	20 - 23.5	22.5 - 27.5
cA	19 - 19	17 - 20	19 - 22	20 - 23	22 - 25	24 - 29

mediven esprit® upper limb

mediven esprit is a made to measure flat knit compression suitable for lymphoedema up to stage 3 and is particularly useful for patients with large limb volume or deepened skin folds.



1 Clinical contact:
Patient's Name:
Measured by: Date:
Contact Tel: Email:

To be completed by Pharmacist
Delivery Address:
Tel:

mediven esprit® made to measure FP10/GP10 armsleeve/glove/handpiece

Please complete all boxes relevant to your request

2 Armsleeve
Circumference and length measurements
C-G for sleeve only
A-G for combined sleeve (no fingers) please complete all measurements in this box
A-G for combined sleeve with fingers, please complete this box and box 4.

FOR COMBINED (A-G)
FOR SLEEVE (C-G)
H
cH
Circumferences
cG
cF
cE
cD
cC¹
cC
cB
cA
elbow
cX
cZ
Length
lC-G
lC-F
lC-E
lC-D
lC-C¹
lA-C
lA-B
lX-Z

3 Armsleeve Style
Left ☐ or Right ☐
☐ Sleeve (C - G) ☐ combined sleeve with fingers (A-G)

4 For Glove/Handpiece
Circumferences
cZ
cX
cZ = circumference at top of digit
cX = circumference at base of digit
Box mid digit = length X-Z
Lengths
l AB
l AC
l AC ¹
cA
cB
cC
cC ¹

Handpiece *(no fingers)*
Left ☐ or Right ☐
Glove
Left ☐ or Right ☐
Fingers
Open ☐ or Closed ☐

5 Compression class:

Tick ccl required	1	2	3
glove/handpiece			
sleeve			
*combined sleeve			

*combined sleeve is same compression throughout

6 Colour:
☐ Black ☐ Sand
☐ Navy ☐ Caramel
☐ Anthracite* ☐ Magenta*
☐ Cashmere* ☐ Mango Yellow*
☐ Grey* ☐ Blue-Jeans*
☐ Avocado Green*

*optional - extended delivery period. If no colour specified, caramel will be supplied.

7 Patterns

	Design Elements One tone (tick)	Design Elements Two tone (tick)
Nature		
Dots		
Stripey		
Classic		

8 Optional Extras
Silicone Topband ☐ 2.5cm ☐ 5cm
☐ Zip Position _____
☐ Shoulder cap Length from G- H____cm
☐ Bra attachment
☐ Shoulder strap _____cm
(circumference around the body for strap length h-h)

9 Quantity _____

medi

For further information, please call 01432 373508 to speak directly with our Customer Services Team or email: m2m@mediuk.co.uk
medi does not take responsibility for contraindicated use of these garments or for incorrect measurements

Example of the mediven esprit made to measure order form

mediven esprit® upper limb

Completing the made to measure order form

Step 1 Contact details completed

TOP TIP This information is important so that queries, missing information and where the garment is to be delivered can all be managed smoothly.

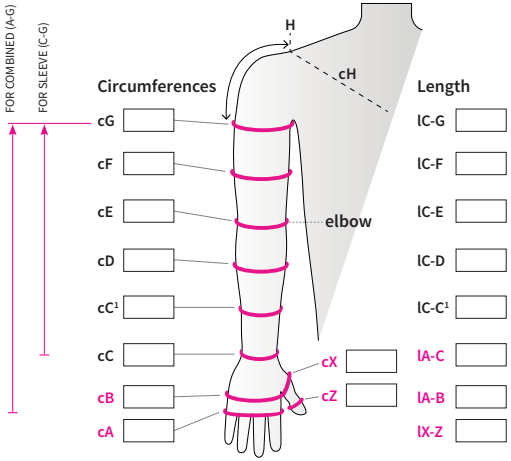
1	Clinical contact:		To be completed by Pharmacist
	Patient's Name:		Delivery Address:
	Measured by:	Date:	
	Contact Tel:	Email:	Tel:

Step 2 Complete the circumferences and lengths appropriate to the chosen garment

TOP TIP Mark the limb prior to measuring using a skin marker. If deepened skin folds are present where you want to mark the skin, place the mark 5cm higher or lower than the skin fold.

2 Armsleeve

Circumference and length measurements
C-G for sleeve only
A-G for combined sleeve (no fingers) please complete all measurements in this box
A-G for combined sleeve with fingers, please complete this box and box 4.



mediven esprit® upper limb

Completing the made to measure order form

Step 3 Tick boxes relevant to the side and style required

TOP TIP Use A-G if there is any swelling in the hand.

3 Armsleeve Style

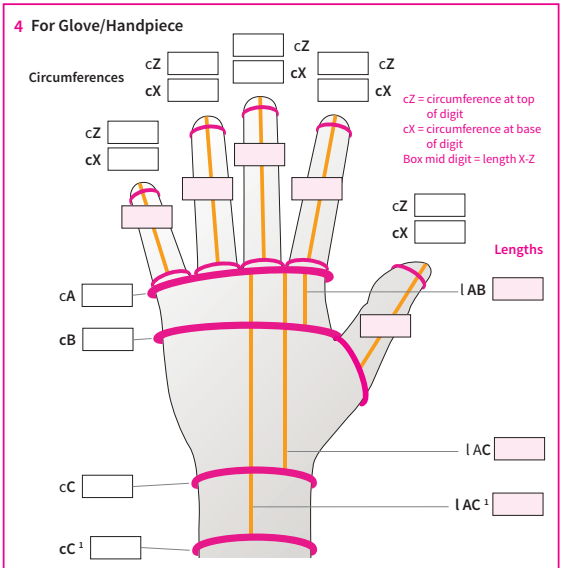
Left ☐ or Right ☐

☐ Sleeve (C - G) ☐ combined sleeve with fingers (A-G)

Step 4 Measure hand and thumb for handpiece and add in finger measurements if full fingered glove required

TOP TIP Measuring the base of the thumb at a slight angle will result in a more comfortable fitting.

4 For Glove/Handpiece



Handpiece *(no fingers)*

Left ☐ or Right ☐

Glove

Left ☐ or Right ☐

Fingers

Open ☐ or Closed ☐

Step 5 Tick compression class

TOP TIP To have a higher class of compression in the hand than the arm you will need a glove and a separate sleeve.

5 Compression class:

Tick ccl required	1	2	3
glove/handpiece			
sleeve			
*combined sleeve			

**combined sleeve is same compression throughout*

mediven esprit® upper limb

Completing the made to measure order form

Step 6 Tick which colour is required

TOP TIP For the fastest return of made to measure order caramel, sand or black.

6 Colour:

- ☐ Black
- ☐ Navy
- ☐ Anthracite*
- ☐ Cashmere*
- ☐ Grey*
- ☐ Avocado Green*
- ☐ Sand
- ☐ Caramel
- ☐ Magenta*
- ☐ Mango Yellow*
- ☐ Blue-Jeans*

Step 7 Tick which pattern is required

TOP TIP No need to add the pattern to the prescription, just tick on measurement form.

7 Patterns

	Design Elements One tone (tick)	Design Elements Two tone (tick)
Nature		
Dots		
Stripey		
Classic		

Step 8 Tick which optional extra is required

TOP TIP For zip positioning, important to advise where this should be eg. C-E or E-G.
Shoulder caps are an alternative way of holding the sleeve in place. The length G-H measurement information provides the length up to the bra strap; the circumference around the body from H back to H will ensure a well fitting shoulder strap.

8 Optional Extras

Silicone Topband ☐ 2.5cm ☐ 5cm

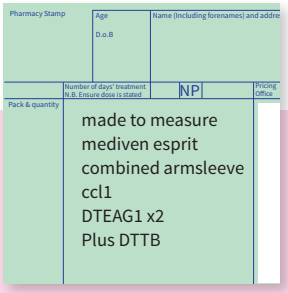
- ☐ Zip Position _____
- ☐ Shoulder cap Length from G- H____cm
- ☐ Bra attachment
- ☐ Shoulder strap _____cm
  (circumference around the body for strap length h-h)

Step 9 Note quantity of garments required

TOP TIP One to wear and one in the wash.

9 Quantity _____

Example of what to write on the prescription



Order Check List:

Completed the order form ✓
Completed the prescription ✓

You're now ready to send both to pharmacy or medi UK's Prescription By Post service

medi 2in1 and medi Butler

Applicators can help patients or their carer to put on and remove their garments more easily. The applicator range from medi UK offers different solutions depending on user need and dexterity.

medi 2in1

medi 2in1 is a silky, lightweight and foldable material applicator which can be used to apply and remove open and closed toe garments or armsleeves.

Order code: DT904

medi Export Butler

medi Export Butler (leg) is a sturdy frame that allows the user to step inside the garment and ease it up the leg - long handles reduce the need to bend. Ideal for compression garments size 1–4.

Order code: DT9007

medi Big Butler

medi Big Butler (leg) is a sturdy frame that allows the user to step inside the garment and ease it up the leg - extra long handles reduce the need to bend. Ideal for compression garments size 5-7 or made to measure.

Order code: DT9008

medi Arm Butler

medi Arm Butler is a sturdy frame that can be secured onto a table or over the back of a chair for ease of application of the armsleeve.

Order code: DT900D

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