



## **Press Release**

For immediate release

### **The United States welcomes its first ever Leg Club**

The United States is set to open its first Leg Club in California, offering a drop-in treatment service in a non-clinical space for people suffering from or at risk of chronic leg disease. This unique model of care allows nurses to treat patients collectively, saving both money and time and means that patients can step away from hospital / medical settings. It also provides a social environment away from home where people can meet others with similar conditions.

Ellie Lindsay OBE, Life President of the Lindsay Leg Club Foundation, the charity which supports the global network of Leg Clubs, said: "It was so rewarding to see the first ever Leg Club in America get off to a flying start at the official launch held at The Ranch, Anaheim, California. I want those with problems of the lower limb to know that they're not alone and I'm sure this is the first step in the further expansion of the psychosocial award-winning Leg Club model across America driven by Jennifer Ty."

Jennifer Ty, a legal nurse consultant and nurse practitioner, is responsible for the setting up of the Leg Club Excell Leg Club California located at 6423 E. Pacific Coast Highway, Long Beach CA 90803 and sessions will run every 3rd Friday of each month.

**ENDS**

#### **Notes to editors:**

1) Problems of the lower limb and Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age, but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in patients' own homes by district nurses or by practice nurses in GP surgeries. However, patients often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur, or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg conditions. By healing chronic leg wounds and keeping them healed, Leg Clubs also have the potential to save commissioners up to 80 per cent of their wound care budget in comparison with conventional leg ulcer treatment. A Leg Club is a local partnership between community nurses, patients and members of the community. Run by a committee of members and local people, each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo are protected by Registered Trade Mark in the UK.

**For further information about the Leg Club Foundation and Leg Clubs visit: [www.legclub.org](http://www.legclub.org)**

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