



October 28th, 2024

The Lindsay Leg Club Foundation announce a new Patron.

The Lindsay Leg Club Foundation (LLCF) is delighted to announce that Trudie Clark a former Trustee, has agreed to continue her association with the Foundation and become one of the charity's patrons and she will be a valuable addition to our organisation.

With a strong clinical background Trudie is the Lead Tissue Viability Nurse for the Velindre Cancer Centre in Cardiff, Wales, UK, having been a tissue viability nurse for over 30 years.

Previously she has served as a trustee of the Lindsay Leg Club Foundation, Chair of the Scientific Committee of the European Pressure Ulcer Advisory Panel and Chair of the UK Tissue Viability Society.

Within Wales she is a former Chair of the All-Wales Tissue Viability Nurses Forum and a member of the management team of the Welsh Wound Network, and recently retired as the Director of Education and Training for the Welsh Wound Innovation Centre.

Trudie lectures on tissue viability as an honorary senior lecturer within Cardiff University and also acts as an expert advisor to the National Institute for Health and Care Excellence.

Notes to editors:

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in the individuals' own homes by district nurses or by practice nurses in GP surgeries. However, people often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg and foot conditions. The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg and foot conditions. Recent findings from Leg Club data analysis have identified that potential savings could be made by healthcare providers in relation to their wound care budget. A Leg Club is a local partnership between practice and community nurses, patients, and the community. Run by a committee of volunteers each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo, are protected by Registered Trademark in the UK.

For further information about the Leg Club Foundation and Leg Clubs visit:
www.legclub.org

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