Mottingham (Bromley) Leg Club Newsletter ***April 2015***

Clinical Update

Our member numbers are increasing at an appropriate rate and weekly attendance is predictable. Unfortunately on the nursing side, Helen has had a fall and broken her arm--we wish her a speedy recovery and Michelle has left to return to district nursing—we wish her the best of luck.

Member Update

Sadly, two of our members have died recently; Daphne Thornton and Len Carpenter. We will miss them. Daphne's funeral is on Thursday, 9th April at 2:30 at Hither Green. Does anyone know when Len's funeral was or is to be held? Otherwise, our club is the usual 'bubble of conversation', friendliness and support.

Member activities

The tombola, a feature of our Christmas fair, is still in operation with nice gifts to be won! Pam and Maureen have started handing out 'trivia' quizzes during our afternoon sessions. A trophy is temporarily given to the winner each week. Tanya continues to inspire us with her sensible but energetic chair exercise class.

Guests and events

A delegation from Hackney, representing a community service group called, The Sharp End came to visit our Leg Club in March. Another group of nurses and a doctor from Finland are coming in the middle of May. As usual, we impressed our first set of visitors with our lively social atmosphere and efficient clinical setting. Would anyone be interested in going to the Royal Opera House for a matinee opera performance or a free Monday afternoon concert? Any ideas for other outings?

Meetings

The Leg Club General committee had a meeting in February and has another meeting planned for Wednesday, 15th April. Our Annual General Meeting is planned for Wednesday 13th May. More information to follow.

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