NELFT NHS
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BRENTWOOD LEG CLUB

The Lindsay LegClub Foundation

NEWSLETTER—Autumn/Winter 2015

Progress Update: Thanks to the efforts of Derek, Jim, Pat, Tina, Selena and Natalie, a steering committee has been set up to run the Leg Club on behalf of the members and the North East London Foundation Trust. The committee comprises 7 members: Annabelle Barton, chairwoman; Marc Courtney, treasurer; Derek Connelly, secretary; Jim Best, Pat Best, Tina Tyler and Natalie Freeman.

Our primary responsibility is to help the clinical team provide the best possible Leg Care to our members in a pleasant social environment. We are at your service and please let us know if anything can be done to make your visit more enjoyable!

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We celebrated our 2nd birthday on 27th October and we had fun cutting a traditional cake and Natalie's LEG CAKE, snacking on tasty foods and winning Pat's lovely raffle prizes. Our team of volunteers were very fortunate to have enthusiastic assistance from Janet's granddaughter Phoebe and Natalie's two daughters.

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Looking to the future, we have planned *three* social events:

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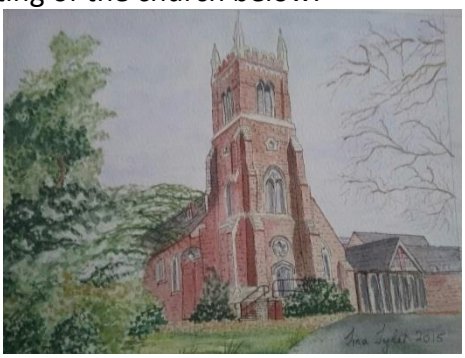
28th November, we are selling handmade gifts and cards at the Christ Church craft fair including cards featuring Tina's fabulous painting of the church below:



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15th December, we are going to have a **CHRISTMAS PARTY** with food, games and perhaps some seasonal entertainment.

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19th January, Ellie Lindsay of the Lindsay Leg Club Foundation is coming for her annual visit. This will be an opportunity for everyone to meet and chat to Ellie and enjoy a special afternoon tea banquet.

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Contacts: Natalie Freeman (TVN) 07568130336 or Annabelle Barton (Volunteer) 07855178382