We were pleased Nurse Rebecca brought her two children in to see us, baby Harper is a beautiful little girl and so is her big sister who is three years old. Alison’s lovely daughter Josie is growing up fast and Kelly’s son Benny is over a year old and getting into everything now. (We’ve not heard of any more babies on the way!)

Wayne and Nicky our volunteers haven’t been in for a while now – we are very sorry to hear that Wayne isn’t coming back due to ill health. Nicky (cake lady) on the other hand has a part-time job and family commitments, so it’s understandable why she cannot be with us, but she may come back to us one day.

Thank you all for your used stamps given to me for sending to the MS Society, especially David who brings in tubs full of them, I’ve managed to send about three parcels off this year so far. We have a yellow tub to put them in if you only have a few, or hand them to me. Much appreciated.

If you have any Items for our tombola table we would be grateful, it is running low again. Thank you all who support us as all funds go the Leg Club. Tickets are £1 and a prize every time.

Our club is short on volunteers, it runs well when all of us are in attendance but if one or more of us are away it puts a lot of extra work onto the nurses, they have enough to do already. If you know of anyone who would like to help on a Wednesday morning, then please speak to me or one of the other volunteers. Many thanks.
Ellie (OBE) the founder of the Leg Clubs will be visiting us on the 1st August 2018 (date could change) with her P.A. Lynn. They may like to speak to some of you to see how the Leg Club is working for you. Our club has been going for 15 years now, a long time.

The new nurse John who has only been with us for a few weeks, is leaving the nursing profession after over 20 years to explore pastures new. We will miss his cheerful personality. Best wishes John for the future.

Many thanks for your generous donations every week, this does help towards the running and rental costs of the hall. So much appreciated.

If you have any news or jokes/sayings to put in our newsletter, please let us know.

Quotes: Never put the key to your own happiness in Someone else’s pocket!!!

Do a little – Change a lot!!!

Best wishes to you all from us volunteers:
Frank, Jill, Linda and Ted.

Linda Wood – Club Secretary
Thetford Leg Club
Thetford Methodist Church