Thetford L.C. News Letter – April 2014

Tombola/Sale Table

A Tombola and For Sale table has been arranged for **Saturday 26th April** outside **St Cuthbert's Church**, unless it's raining then it will be held inside the Church. If you have any new or good quality items you would like to donate we would be pleased to receive them. All funds will go to the Leg Club.

Sponsored Walk

A sponsored walk will be organised **this summer**, so please try and join us on the day, it is designed for all walking abilities and all walking aids are allowed, (including wheel chairs, mobility scooters and their carers). The aim is to raise as much money as possible to cover the expense of hiring the church hall each and every week (52 weeks a year.) If you cannot do the walk with us then maybe you would like to sponsor one of our volunteers. Forms will be available very soon.

New Procedures

Since December the Nurses have introduced a time slot system so we have a steady flow of patients that need dressings during the morning, instead of too many people turning up at any one time. This seems to be working well, they are able to see other people who drop in during the morning and they may not have to wait too long to be seen.

Doppler's

Since the summer last year, a great many patients have had their Doppler appointments cancelled. This is due to too many patients that have had regular Doppler's every year. With over 900 patients this cannot be maintained, so only **urgent or the most at need** will have Doppler's. Our head Nurse decides who after seeing the patients files.

Volunteers Needed

We need more volunteers to help with the refreshments, fundraising and general help. If you would like to volunteer even for part of the morning or now and again, or if you know of someone that might like to, you can speak to one of us volunteers or call us on our Leg Club phone 07795924845.

Continued…..

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Thank You

We would like to thank you all for your most welcome donations that helped us to purchase quite a number of items over several months. This includes:-

- Three buckets and several assorted bin bags, for patient leg washing.
- Four large storage boxes, to house the Nurses equipment.
- A three tier four wheeled trolley, to house our photocopier and stationery items.
- Postage stamps to contact members.
- Mobile phone and top up so we can contact members and they can contact us.
- A cross cutting shredder.

The refreshments and other stationery items are usually donated by our volunteers.

Member

One of our members, Bert told us his brother was put in jail last night, his brother was really angry about it he spat and thumped the table. So I asked "Why, what happened?" Bert said "he will never play monopoly with him again!!!" Errrrrr!!!!!

Well take care all and don't forget if any of you would like to mention something in our News letters', please speak to one of the volunteers.

Volunteers are: Frank, Hazel, Jill, Linda and Ted.

Linda Wood – Secretary
Thetford Leg Club