ISSUE 22

Devizes LEG CLUB
www.legclub.org
The Lindsay Leg Club Foundation
CRN 1111259

Chit-Chat

New Year 2020

Welcome to our new volunteers

New volunteers, Roy and Heather Inchley, join Sue (lft) and Odile (rt) in front of the Christmas bric á brac stall. The proceeds from sales every week go towards the Christmas party and raffle prizes. Thanks to everyone who brings in items or buy items from our stall – and thanks to the volunteers who set up and look after all the goods.

Medical students learn the ropes

Marie Bushra (lft) and Rishi Trivedi (rt) are 4th year medical students at Bristol University, currently on GP placement at Market Lavington Surgery. They attended the Leg Club to observe the work and assist nurses in the treatment of members' legs.

'I was invited to attend the Leg Club at Devizes which is a great service available for those who need help in a calm, sociable setting,' said Marie.

'It was a very enjoyable experience and a pleasure to help out the local community,' Rishi added. >>

Whatever the season, come rain or shine, fog or snow, Devizes Leg Club nurses attend and work tirelessly to care for the needs of members. Over 50 members are treated by the specialist nurses each week. The club also opened especially the Friday after Christmas.Thank you all for your hard work and good humour every week of the year.

Christmas Celebrations

Jolly festive jumpers at Devizes Leg Club
(lft to rt) Barry, Roy, Heather, Karen, Bruce and Mike

Thank you, Pauline, for entertaining everyone with your festive music at our Christmas party.

Sue hands out sandwiches and Christmas cake to members Pat, Mick and Marlene.

Thanks to Lauraine for her beautifully decorated, all-singing-dancing, delicious Xmas cake which was much appreciated by everyone.
Those who missed the party didn't miss out on a slice the following week and received their raffle prize.

Happy Healthy New Year to Everyone
Remember, there is always someone here to talk to – fellow members, nurses, surgery staff and volunteers
Friends to All

Leg Club End of Year Round-up 2019

As we approach the end of the year, I would like to express how much I appreciate each and every one of you who have championed the Leg Club model throughout 2019. Your continued support has demonstrated your trust and confidence in the psychosocial Leg Club model and all it stands for to ensure person centred care is maintained.

I write enthusiastically as we come to the close of a very productive year and about to embark on another successful year. I cannot believe where the time has gone since I wrote my 2018 end of year update as the Leg Club clinical and volunteer teams have achieved so much and helped so many people improve their quality of life.

Also, the volunteers' wonderful newsletters are truly inspirational, and I sincerely hope we will receive more in the coming year!

This time of year, when for a couple of days at least, all of us have a chance to pause and reflect on the
past and look forward to the future. On reflection it's been a momentous twelve months for the Leg Club Foundation as it continues to adapt to support the steady increase in the number of Leg Clubs both here in the UK and internationally.

Apart from politics and Brexit being constantly in the news, it's been another busy year with so much going on and so many changes taking place within the NHS and Leg Club network. Hence, it's even more important to stay in touch with you.

Twenty-four years of the psychosocial Leg Club model operating in a healthcare sector such as ours that is constantly and rapidly evolving is an achievement that I am particularly proud of. With the increased exposure of the Leg Club model comes the increased need to demonstrate its effectiveness and the Foundation is now focussing on producing evidence in outcomes, well-being and cost effectiveness. This has only been achieved through your great work, commitment and dedication, which have been integral to the progress and success of the Leg Clubs.

I don't think it is an exaggeration to say that each Leg Club team (clinical & volunteers) have been inspirational and achieved so much in helping people improve their quality of life. Just as gratifying, is seeing members of their Leg Club experience companionship and become once again fully integrated into their communities, and thereby are given new meanings and well-being to their lives.

As the year ends, I would like to sincerely thank you for your kindness and support and take this opportunity to wish you and your families joy, warm memories and peace.

Kind regards **Ellie**

Ellie Lindsay OBE FQNI, Life President of the Lindsay Leg Club Foundation

For further information about the Leg Club Foundation and Leg Clubs visit: www.legclub.org or contact Justine Bland or Karen Fletcher at Market Lavington Surgery on 01380 812500

Text and photos: Dee La Vardera