



## **Press Release**

For immediate release

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### **Lindsay Leg Club Foundation appoints new Chairman and Vice Chairman**

The Board of the Lindsay Leg Club Foundation (LLCF) is delighted to announce that they have appointed Dr David Foster as their new Chairman. He succeeds Roland Renyi and will be supported by Mark Glasscock, who has been appointed as Vice Chairman.

A highly regarded and nationally influential nurse and midwife, David has been associated with the Foundation for a number of years taking a particular interest in the Foundation's work when he was Deputy Chief Nursing Officer at the Department of Health. He became a trustee for the LLCF two years ago after a visit to Nottingham Leg Club impressed on him the values and principles of the Leg Club model and the enthusiasm of the nursing staff for this social model of care and treatment.

Mark Glasscock is a former Banker and now a management consultant with IBM and joined the LLCF as a trustee in 2016. Most of his assignments are UK based, but he has also worked in Ireland, France, Poland, Thailand and Saudi Arabia. Consequently, along with a background in finance and consultancy, he brings to the board a good knowledge of cultural backgrounds and diversity within various working environments.

Leg Clubs, which are based on an award-winning model founded by former district nurse Ellie Lindsay OBE, collectively treat people with lower limb conditions in a non-medical setting and on a drop-in basis. Evidence shows this style of treatment leads to improved healing rates by encouraging members to become more involved in their care and reduces social isolation.

Dr David Foster said: "I am delighted to be elected Chairman of the Lindsay Leg Club Foundation. My association with the Foundation takes me back to my early days of nursing when I first saw the debilitation leg ulcers can cause. Now I have seen how effective the social model of care the Foundation promotes can be on improving healing rates and diminishing the impact of social isolation. And it's all because of the excellent care and the lively atmosphere of the Leg Clubs."

Ellie Lindsay OBE, Lifetime President of the LLCF, said: "We are delighted to have Dr David Foster as our Chairman and Mark Glasscock as our Vice Chairman. Their combined knowledge and experience will be hugely supportive and beneficial to the Foundation."

#### **Notes to editors:**

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age, but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in patients' own homes by district nurses or by practice nurses in GP surgeries. However, patients often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur, or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg conditions. By healing chronic leg wounds and keeping them healed, Leg Clubs also have the potential to save commissioners up to 80 per cent of their wound

care budget in comparison with conventional leg ulcer treatment. A Leg Club is a local partnership between community nurses, patients and members of the community. Run by a committee of members and local people, each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo are protected by Registered Trade Mark in the UK and Australia.

**For further information about the Leg Club Foundation and Leg Clubs visit: [www.legclub.org](http://www.legclub.org)**

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