



## The Lindsay Leg Club Foundation: update

### Local achievements

Leg Clubs throughout the UK continue to provide leg ulcer treatment and 'well-leg' programmes week in and week out, but most Clubs currently rely on local fundraising initiatives and grants for their survival. Some recent fundraising initiatives include Mottingham Leg Club, where chairman Jonathan Lewis (chief executive, Bromley Healthcare) and district nurse Frank Hall raised over £1400 by running a half-marathon that finished at the Leg Club church hall venue. Further north in Thetford, Norfolk, volunteers at the local Leg Club raised £200 from a sponsored walk and the Club was also awarded a £1000 grant from Norfolk Community Foundation. Money raised by Leg Clubs through fundraising and grants is used to purchase new equipment such as Doppler machines and to pay for monthly outgoings.

### Changes to the Foundation

The Foundation would like to extend its thanks to Salim Sheikh who recently stepped down as a trustee. It welcomes Mary James and Deborah Glover to the board.

In addition, Jacqui Fletcher and Mary Rose Fawkes have become two new patrons of the charity. Professor Mike Clarke, chief executive, has announced that he will be stepping down later in the year to focus his attention on his new responsibilities in Wales. Dr Clarke has

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**Mike Clarke (left) and Trudie Young. Mike is standing down from the Leg Club Foundation later this year.**

30 years' experience of working in the field of pressure ulcer prevention and has contributed over 150 papers, publications and books on the topic. He will continue to be associated with the Leg Club Foundation.

### Leg Club Industry Partners (LCIP)

The Lindsay Leg Club Foundation has a corporate partnership model (called Leg Club Industry Partners) that gives companies the opportunity to play an active role within the Foundation and Leg Club network. Activities have ranged from provision of educational grants (enabling the Foundation to produce public health information) to active industry participation in the Leg Club conference workshops and the production of an innovative online teaching programme available via the Lindsay Leg Club website's Leg Club Learning Zone. The LCIP have recently welcomed Smith & Nephew and

Advanced Medical Solutions as two new corporate members to the group. A full list of the industry partners can be found at <http://tinyurl.com/l27sho5>.

### Date for your diary

For many years, the annual Leg Club conference has provided a high-quality educational event for individuals with an interest in lower limb issues. This year's event is no exception and will be taking place on the 25–26 September at Worcester Rugby Club. The theme for this year's event is 'Caring and Sharing: Exemplary Practice in Wound Care'. The first day of the conference reflects the ethos of the Leg Clubs and is workshop-based. The second day consists of stimulating and informative presentations from national and international speakers.

Presentations from previous conferences are freely available on the Leg Club website. In addition, there are 'chat with the expert' videos that include John MacDonald on wellbeing, Karen Ousey on research and Keith Harding on the physiology of wound healing, which can be accessed at <http://tinyurl.com/kyy8wph>. Any practitioner involved with wounds and leg ulcers in primary and secondary care who would like to attend the event can find the registration form at <http://tinyurl.com/kfyft4k>.

Further information on how to set up a Leg Club can be found at <http://tinyurl.com/ma8sx8s>.

### Annual Leg Club Conference

**25–26 September 2013**

**'Caring and Sharing: Exemplary Practice in Wound Care'**

**Worcester Rugby Club**