

## Press Release

For immediate release

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# New Leg Club boosts Welsh presence

After a year of planning, the doors have opened to Knighton and Presteigne Leg Club. This is the latest Leg Club in Wales which takes the total number now open in the country to five. Leg Clubs are currently running in Blaenau Gwent, Llandrindod Wells & Builth Wells, Blaenavon and Llansantffraid.

Knighton and Presteigne Leg Club operates from a Methodist Chapel and Team Leader Debbie Evans believes that the Club could not have evolved without the support of the local community - especially the Rotary Club and the local Methodist minister.

Tissue Viability Nurse Jackie Griffin is pleased to be involved with this initiative and others in North Powys. She is able to use the Leg Clubs as a centre of excellence to ensure local competencies in bandaging and undertaking Ankle Brachial Pressure Recording.

“Nothing can beat the atmosphere when the Leg Club is in full swing. The sound of members chatting together about everything and anything is fantastic. This helps foster a joint relationship between members and nurses working in the Leg Club - together we are able to make improvements to their life with a Leg Ulcer,” says Jackie.

Ellie Lindsay, Leg Club founder and chairman of the Lindsay Leg Club Foundations says:

“I am so pleased that we have been able to open another Leg Club in Wales. Our evidence-based model clearly works and I would like to thank everyone who has been involved in this latest Leg Club.”

**Notes to editors:**

The Lindsay Leg Club Foundation is the umbrella organisation that disseminates, promotes and represents Leg Club<sup>®</sup> at the national or international level. Its activities include developing educational materials, research, data collection and analysis, exhibiting and speaking at conferences as well as advising and providing authoritative support for healthcare providers.