

## **Southend Leg Club: Local MP helps Southend Leg Club celebrate seventh anniversary**

James Duddridge, Member of Parliament for Rochford and Southend East helped Southend Leg Club celebrate its seventh anniversary earlier this year. The Leg Club was set up seven years ago by NHS South East Essex Community Healthcare staff.

In addition to the nursing staff providing the treatment, the Leg Club has a number of volunteers who support the staff and provide refreshments to staff and patients.

Mr Durrige presented a new bariatric couch to the NHS community Healthcare Complex Leg Ulcer Team. He said: "I was delighted to attend the seventh birthday of the Southend Leg Club. The atmosphere was relaxed and welcoming. The relationship between volunteers, staff and patients is much more than just professional, they describe themselves as friends, and that was very clear for all to see. Presenting the couch to the nurses meant a lot to all the patients as they were fundamental in raising the funds which enabled the new couch to be purchased. The nurses were delighted with the chair and were going keen to use it straight away."

During the celebrations Leg Club nurses and volunteers and were given a cheque for £200 - donated from funds raised by customers of Waitrose supermarket.