



Leg Club News

It's always exciting to be able to report on new activities taking place around the country, and the Scottish Speyside Leg Club team certainly set the scene for a one day event which was held this November.

Due to the venue being held in the north of Scotland the speakers and many industry exhibitors arrived the evening before the conference. With thanks to Ally Lister and Lorraine Winchester (Speyside Leg Club team), a private evening tour of the Aberlour Distillery was organised and thoroughly enjoyed by all!!



Following registration and coffee, the day commenced with an introduction and welcome address by David Gray with Mike Hoskins (Leg Club Foundation Chairman) co-chairing the afternoon session.

The theme of the conference was **Patient Centred Care – A Question of Balance**. The presentations throughout the day were extremely relevant for nurses working both in hospitals and the community. We were very privileged to have two Foundation Patrons, Professor Christine Moffatt CBE and Mr Alistair McInnes as plenary speakers. They and their fellow eminent speakers Janice Bianchi, Claire Stephens, Ally Lister, Ellie Lindsay and Jo Gander gave a comprehensive holistic overview of patient care, with topics including The Lymphoedema Framework, Sub-bandage pressure, Sclerotherapy, Dermatology, Leg Club model and Care of the Diabetic foot. The event was supported by 14 Healthcare companies, whose stands were available for delegates to visit during refreshment and lunch breaks. A cheerful buzz was evident throughout the breaks, and it was obvious talking to some of the delegates that they were enjoying the conference.



The conference concluded with a presentation of prizes donated by the participating exhibitors for some lucky delegates, and the day's events were drawn to a close by David Gray. It was clear from the comments and responses of the delegates that it had been a very successful day.