

Speyside Leg Club Newsletter

November 2008

The dark nights are truly there and we are already thinking of Christmas.

A new Committee was elected on 27th of October:

Norman Anderson	Chairman
Alison Robertson	Treasurer
Anke Grant	Joint Secretary
Betty Strathdee	Joint secretary
Jean Peacock	Minute Secretary

Anne Duncan, Margaret Reid, Eunice Smith, Norman McDonald, Leslie Peacock, Desmond Stead, Dennis Thomson.

The committee decided to have another **Christmas Party** at Parklands Care Home on Tuesday the 30th of December 2008. This is a free party beginning at 12.30 pm. There will be mince pies and wine or soft drinks, a special raffle for a hamper donated by Walkers Shortbread and business as usual for the members who need treatment. All welcome.

The Leg Club was also invited to share the Home's annual **Burns Supper**. This is on Monday 26th of January beginning at 12.30 pm. **Tickets for the meal cost £5** and they are available from the committee, but they are in short supply. **We also require a number of volunteers to serve the lunch so we are appealing to anyone who could spare a couple of hours on the 26th. If you are able to help, please contact one of the committee members.**

We had a very successful Tombola and we would like to thank our members for their generous donations of prizes and raffles and of course for attending the event which raised in excess of £600.

You were maybe told that our Doppler machine went on the blink, so the committee decided to buy a new one which will cost over £600. We hope to get it for next week.

Ally and two other nurses went to a conference in Worcester and reported back that they had been shown a new, much more expensive Doppler Machine, which could cut down the time spent on Doppler tests. It would also give a more detailed report of the circulation in the legs. The nurses are arranging to have a trial of the machine before committing to the purchase of it.

Lastly I would like to remind you that our Tuesday meetings at the Home in Aberlour begin at 13.30 pm. Please do not arrive before 13.15pm as the room is used for other thing before and it is difficult to set up the equipment if the room is already crowded.

Have a nice Christmas and I hope to see you at our party

Yours

Anke Grant

